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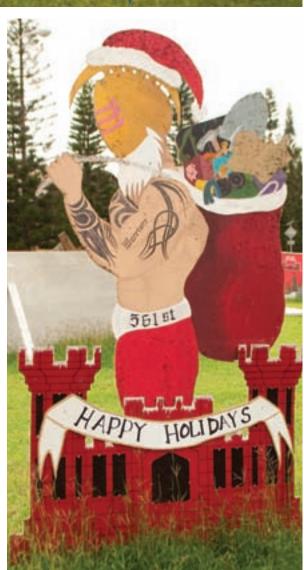
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SCHOFIELD BARRACKS — Holiday Cards are displayed on U.S. Army Garrison-Hawaii installations. These pictured are located in front of the Post Office, here.







### RMO chief is Garrison leader recognized w/Stalwart Award

KAREN A. IWAMOTO Staff Writer

WHEELER ARMY AIRFIELD — Shari Madrid's job keeps her behind a desk for most of the day, scrolling through spreadsheets or at meetings where she attends briefings accompanied by PowerPoint slides.

It's not work that would seem to elicit excitement, but the manager of U.S. Army Garrison-Hawaii's Resource Management Office never forgets the Soldiers she and her staff support, and this keeps her motivated to execute her role with a positive attitude.

'We're not right there up front with the Soldiers," she said. "We're doing things behind the scenes, but I always tell my staff that our job is to allow the garrison to support the Soldiers' mission."

Madrid, who has had her job since 2007, won the Installation Management Command's 2014-2015 Stalwart Award for the Pacific Region and was honored at the award ceremony in San Antonio, Texas, in

November.

The Stalwart Award recognizes those IMCOM



civilian employees whose outstanding work exceeds the call of duty.

Madrid is the fourth USAG-HI civilian employee to win the award in six years.

"It's an honor to receive this prestigious award, but it's rewarding enough to be able to support the Soldiers and families because they're the ones who sacrifice so much so we can enjoy the freedom we have today," she said. "In other words, I don't need an

award; the job is rewarding in itself."

Col. Stephen Dawson, commander of USAG-HI, described Madrid as the best of the best. "She performs her mission flawlessly, year after

year, as she oversees the responsible expenditure of

an approximate \$300 million budget," he said. "She

treats her team like a family and inspires excellence in

everything she does." Still, it's easy to get caught up in the paperwork of budgeting for base support, utilities and facility management while balancing tables of distribution and allowance. How does she stay focused on the bigger picture of supporting Soldiers when her job doesn't

require her to work with them directly?

She makes it a point to get out and get involved.

"I take my staff on excursions," she said. "We go and visit the facilities that we manage, so we can actually see what it is we're working for."

Most recently, they took a trip to the Ku Tree Reservoir in January.

"(We were being told) they needed a contract to clear it to prevent flooding," she said. "I wondered, 'What is this dam?' When we got there, we got to see the

In this way, Madrid gets to meet with the people affected by her budgets and her work remains about them, not just the numbers.

overgrowth and how it could cause a flooding hazard."



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Commander, U.S. Army Garrison-Hawaii Col. Stephen E. Dawson **Garrison Command** Sergeant Major CSM Lisa C. Piette-Edwards **Director, Public Affairs** Dennis C. Drake 656-3154

Chief, Internal Communication Aiko Rose Brum, 656-3155 editor@

> hawaiiarmyweekly.com Pau Hana Editor Jack Wiers 656-3157 community@ hawaiiarmyweekly.com

Staff Writer and **Photo Editor** Karen Iwamoto 656-3150

reporter@ hawaiiarmyweekly.com Layout

Kristen Wong layout@hawaiiarmyweekly.com

Advertising: 529-4700 Classifieds: 521-9111 Address:

> Public Affairs Office 745 Wright Ave., WAAF Building 107, 2nd Floor Schofield Barracks, HI 96857-5000

Website: www.hawaiiarmvweeklv.com Nondelivery or distribution 656-3155 or 656-3157

**Contributing Commands** U.S. Army-Pacific Russell Dodson, 438-2662 25th Infantry Division LTC Robert Phillips 655-6343

2nd Brigade Combat Team MAJ Karen Roxberry 655-9526

3rd Brigade Combat Team CPT Ramee L. Opperude 655-1083

**Combat Aviation Brigade** CPT Heba Bullock 656-6663 8th Theater Sustainment

Command MAI Lindsey Elder 438-0944 311th Signal Command (The-

ater) CPT Liana Kim, 787-4095 94th Army Air & Missile Defense

Command SFC Claudio Tejada Valerio 448-1556 9th Mission Support Command

CPT Liana Kim 438-1600 ext. 3114 18th Medical Command (Deployment Support)

SFC John D. Brown, 437-4737 **Tripler Army Medical Center** James Guzior, 433-2809 U.S. Army Corps of Engineers-**Honolulu District** 

Dino Buchanan, 835-4003 500th Military Intelligence Brigade SFC Thomas Collins

599th Transportation Brigade Donna Klapakis, 656-6420 **USAG-Pohakuloa** Eric Hamilton, 808-969-2402

437-6819

### DES reminds community to stay safe

SG.T 1ST CLASS MIGUEL ESPINOZA

Directorate of Emergency Services "Jingle bells, jingle bells, jingle all the way, oh, what fun it is to

ride ... with a designated driver."

As we enter this holiday season, many will indulge in fellowship, parties and good times. Many of those events tend to have alcohol involved, so remember to plan ahead if you choose to partake and designate

a driver or make arrangements to get to your final destination. If you are the host, remember you share the responsibility as well to ensure those in attendance have an alternate means of transpor-

As we all prepare for these holidays, many will take to the roads or airports as they head home. Remember that although vou and vour family may be full of holiday cheer, others are watching and waiting to create their own cheer at your expense.

Here are a few tips to plan on a safe holiday party or trip.

#### **Holiday parties**

•Have non-alcoholic beverages available for party guests.

•Find alternative transportation for intoxicated guests, arrange for an official designated driver for your party who will not drink at all.

 Have something to eat before consuming alcoholic beverages. •Remember only time will

eliminate the alcohol from your Traveling for the holidays

•Give yourself enough time when traveling to the airport.



Courtesy photo The DES Law Enforcement Division offers a few safety tips this

The holidays will increase your wait time.

holiday season.

•When traveling by air, either check gifts with your luggage or don't wrap them at all. The TSA agents will likely need to unwrap the gifts to inspect them.

 Check your flights ahead of time; Follow your airline on social media in order to be alerted

of potential changes. •Make sure your children know their home address and telephone number. Show them where to go in the airport if you get separated, and review procedures for dealing with strangers.

#### Holiday road safety

•Buckle up. Properly restrain yourself and your passengers.

•Slow down. Give yourself plenty of time and distance to react to the traffic around you.

•Driving requires your full attention, pull off the road if you have to use your cell phone. Arrive alive – don't text and drive!

Why does the

•Never drink and drive.

### Vital course wraps up at Shafter

**CORY HANCOCK** U.S. Army Force Management Support Agency

FORT SHAFTER — Civilians and Soldiers

from across the Pacific were introduced to the basics of manpower and force management during the Manpower and Force Management Course, held here, Dec. 5-16.

"In a time of resource constraints, it is very important to understand how to articulate your organization's needs, whether (they) be manpower or equipment," said Sgt. Maj. Ryan M. Meurer, senior enlisted adviser, 94th Army Air and Missile Defense Command, Joint Base Pearl Harbor-Hickam. "It is important to understand that process and to know what data and information Headquarters Department of the Army needs to validate your request."

The course is structured to introduce Army civilians and service members to the manpower and force management policies, processes and

Course work includes study on strategy, manpower requirements determination and resource management, all to enhance operational capabilities and improve efficiencies. The course was presented by Army Logistics Univer-

The course covered many of the principles and terminology manpower and force managers use to build the structures and organizations that will enable the Army to continue to win in an increasingly complex world. Documents such as Tables of Distributions and Allowances

and Modified Tables of Equipment were outlined and students were also able to work in small groups to redesign a fictitious Army orga-

"I am pretty new to the manpower and force management field, so it is a good perspective on how the entire Department of the Army organization runs," said Kevin Needham, manpower analyst, U.S. Army Garrison-Japan.

"This course has given me good insight into how manpower and force management plays a key role within that," Needham continued. "The thing I deal with most back at home station has to do with TDA and augmentation, so the most interesting part of the course for me has been learning how the requirements and authorizations are crucial to each role and my part in ensuring that our positions can remain the most relevant."

More than 40 students from Hawaii, Japan and Korea attended the course. The class was a mix of Soldiers and civilians. The Manpower and Force Management Course is the foundation course of Civilian Career Program 26.

#### **More Online**

For a complete listing of schedules and locations for this courses, visit the Army Logistics University at www.alu.army.mil.





### E-7 is reduced

deter future misconduct by

WHEELER ARMY AIRFIELD -On Dec. 15, at a 25th Infantry Division general court-martial convened, here, a sergeant first class was convicted by a military panel consisting of officers and enlisted members, contrary to his pleas, of three specifications of making false statements and one specification of larceny, in violation of Articles 107 and 121, UCMJ.

The members sentenced the accused to be reprimanded, to be reduced to the grade of E-5, and to perform hard labor without confinement for 90 days.

### Protecting 8th TSC's cyber is a yearlong team mission

**CAPT. QUINCY MAYS** Army News Service

In October, in support of National Cybersecurity Awareness Month, 8th Theater Sustainment Command's G6 conducted several information assurance, or IA-focused actividesigned to provide leaders and users the knowledge and tools needed to create and maintain a safe and secure cyber computing environment, while simultaneously providing commanders at all levels the opportunity to assess their IA posture.

These initiatives were designed both to increase user vigilance and intensify focus on the year-round mission of securing our net-

Cybersecurity is everyone's responsibility - all 1.1 million users on the Army network at work, at home and on mobile devices.

Each week throughout the month, the 8th TSC directed an information assurance theme. For example, during the first week of the month, company commanders conducted unit assessments to gauge their unit IA preparedness, while IA professionals conducted walk-through inspections to assess workplace environments and identify good and poor IA practices.

Commanders were directed to utilize the results of these activities to shape and guide their IA programs.

Every day the Department of Defense receives approximately 8.2 million emails, and 86 percent of these are malicious and blocked. There are also an estimated 43,000



Courtesy photo

daily network intrusions that are blocked. These add up to 3 billion emails and 16 million attempted intrusions every year.

Protecting the Army against cyber attacks improves overall Army security posture and requires everyone's diligence.

In the future, the 8th TSC G6 will continue to conduct activities aimed at maintaining the security of cyber infrastructure. The command is confident that unit level leaders and Soldiers now have the knowledge and tools necessary to assist in this effort.

8th TSC IA personnel are committed to diligently leading this program through walk-through inspections of directorates and units, publishing quarterly cybersecurity newsletters and dissemination of IA tips.

Aside from what the 8th TSC can offer, the ing to raise awareness of cybersecurity responsibilities and compliance. The Army has more than 100 cybersecurity classes available online for all Army users.

#### **Training on Cybersecurity**

Below are some key training resources, so you can do your part to maintain our network security:

•U.S. Army Information Assurance Virtual Training at https://iatraining. us.army.mil. This site can be used by individuals interested in gaining more knowledge about information assur-

•DoD Cybersecurity Awareness Challenge Training at https://ia.signal.army. mil/. This is a DOD-mandated annual training requirement.

•Federal Virtual Training Environment (FedVTE) at https://fedvte.usalearning.gov/. This site can be used by government cybersecurity professionals, as well as U.S. veterans, to gain knowledge on a variety of information technology

#### "What is your favorite holiday memory?" From 516th Signal Brigade, 311th Signal Command (Theater)



ite holiday memory is the smell of my mom's homemade cooking." Sgt. Brett

**Roberts** Bde. chaplain's

516th Sig. Bde.



brought me to Times Square in New York for New Year's. I've never seen so many people, and I had to go to the bathroom so bad."

'My friends

Spc. Yulin Chen Company Supply 516th Sig. Bde



There's so many. In 2004 I was able to come back from Irag in time for the holidays. I got home, dressed as Santa, put presents under the tree, and surprised my family. Sgt. 1st Class Karl

Wiggins Company Ops NCOIC HHC, 516th Sig. Bde.



being fortunate enough to be able to spend every Christmas with my family."

"I would say just

Sgt. 1st Class Gabriel Cardenas Brigade SATCOM NCOIC HHC, 516th Sig. Bde.



so many presents for everyone that I couldn't walk in my living room. I was still finding presents for weeks later." Sgt. 1st Class

"My favorite is a few

years back. I bought

**Reynaldo Torres** Network NCOIC 4th Regional Cyber Center

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### U.S. Army-Pacific reflects on 2016, looks ahead

STAFF SGT. CHRISTOPHER MCCULLOUGH

U.S. Army Pacific Public Affairs

FORT SHAFTER — As 2016 draws to a close it's time to reflect on the missions and accomplishments of U.S. Army-Pacific (USARPAC).

One of the most significant occurrences was USAR-PAC's change of command. On May 4, Gen. Robert B. Brown took command from Gen. Vincent K. Brooks, who had served as the USARPAC commanding general for almost three years, in a public ceremony on historic Palm Circle, here.

Brown came to USARPAC with copious experience in Indo-Asian-Pacific matters. During his 35 years as a commissioned officer, he served 12 years with units focused on the Indo-Asia-Pacific Region, including as commanding general of I Corps and Joint Base Lewis-McChord; deputy commanding general of the 25th Infantry Division; commander of the 1st Brigade Combat Team (Stryker), 25th ID; executive assistant to the commander of U.S. Pacific Command; and director of training and exercises at USPACOM at Camp H.M. Smith, Hawaii.

While at I Corps, Brown contributed to bringing about Pacific Pathways — USARPAC's innovative and experimental approach to building Army readiness at echelon in the theater by linking existing exercises with partner nation militaries, in a "pathway," and to keeping Army forces west of the international dateline for an extended period of time without additional bases.

For that reason, USARPAC's emphasis throughout 2016 was on renewing and building strategic relationships with partners in the Indo-Asia-Pacific community.

"Pacific Pathways is, in my opinion, the biggest innovation I've seen in training and exercises in 35 years," said Brown. "Yes, it's the same exercises we used to do, but it's done in different ways. It provides options to the combatant commander, where he'll have forces 10 months out of the year west of the international dateline."

This year's Pathways included stops in Japan, South Korea, Thailand, the Philippines, Indonesia and Malaysia. The command also conducted a reverse Pathway for the first time. Instead of deploying Soldiers to Singapore, Japan and Canada, troops from those countries trained with USARPAC forces in Alaska, Hawaii and Washington state.

In addition to touting Pathways, 2016 marked the first time the Oceania Pacific Resilience Disaster Response Exercise and Exchange (DREE) initiative was conducted in Vanuatu. The Vanuatu Mobile Force and USARPAC DREE was conducted with an emphasis on operational civil-military humanitarian assistance and disaster relief (HA/DR) topics to enhance collaboration and communication.

Likewise, USARPAC Soldiers staged a joint humanitarian relief drill alongside members of the Chinese People's Liberation Army (PLA) to improve coordination between the two countries' forces during humanitarian disasters. The highlight of the Disaster Management Exchange was a Humanitarian Assistance and Disaster Relief Coordination Center.

The U.S.-China Disaster Management Exchange was conducted at Kunming, Yunnan Province, People's Republic of China. The exchange represents an opportunity to build trust and improve coordination during humanitarian disasters.

"This kind of exchange acts as a bridge to promote relations between the two militaries, and I am sure it will be conducted in an even higher level in the future," said Gen. Liu Xiaowu, commander of ground forces for China's Southern Theater Command.

During 2017 and beyond, USARPAC plans to continue to build readiness by forging alliances and partnerships across the theater through exercises and strategic engagements; setting the path to multidomain battle; and empowering the USARPAC Team through mission com-

### USAG-HI wraps up year providing tons of support

AIKO ROSE BRUM

U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD — 2016 began with good financial news and a new state law: Pay raises, though just 1.3 percent, were issued for the federal government both military and civilian personnel. In Hawaii, the new law changed the smoking age to 21 for tobacco purchase, possession or consummation.

Many other policies, events, programs and services occured. The U.S. Army Garrison-Hawaii commander held his first of three Facebook Town Hall meetings to address community concerns; continued hosting a Community Information Exchange with the Senior and Garrison commanders at the Nehelani, Schofield Barracks, to pass along important information to community leaders; and held Community Readiness Expos to explain installation resources to incoming personnel and deploying Soldiers.

Hawaii's cost of living allowance decreased on three of four islands, so personnel were encouraged to fill out a U.S. Pacific Command survey to provide accurate information about goods and services.

As a live ESPN telecast of the 2016 Pro Bowl Draft was happening in the hangars of 25th Combat Aviation Brigade, 25th Infantry Division, here, elsewhere on base personnel were getting information about voting, tax services, increased military maternity leave and the Zika virus.

The Garrison announced it had signed an environmental record of decision to proceed with Hawaiian Electric Company construction and operation of a 50-megawatt biofuled-capable power generation plant at Schofield Barracks in early February. Elsewhere, the Directorate of Emergency Services began enforcing revised traffic regulations.

New information was released on 2018's blended retirement system, and new policies were implemented for breastfeeding. Also in late February, the Garrison and Hawaii's Department of Land and Natural Resources conducted a joint airlift operation to protect Oahu's native plants and animals.

"For the last 15 years, the state and the Army have been partnering to protect threatened and endangered species and their habitat," said Kapua Kawelo, biologist, Army Oahu Natural Resources Program.

First Lady Michelle Obama encouraged women veterans to tell their story, in March, and U.S. Army Hawaii's Take A Stand! program encouraged the USARHAW community to be proactive against suicide, sexual assault, substance abuse and safety violations in all commands. The DES' Army wildland firefighters readied themselves to respond to fire emergencies.

Photo by Christine Cabalo, Oahu Publications SCHOFIELD BARRACKS — Col. Stephen Dawson accepts command of USAG-HI, June 3, from Dr. Christine Altendorf, region director, Installation Management Command-Pacific.

In April, Earth Day activities took the spotlight, and the Real ID Act became effective in USARHAW in May. The state of Hawaii approved renaming Hale Kula El-

ementary to Daniel K. Inouye Elementary School, to honor the late senator's commitment to Hawaii's public edu-

Women continued to move into all military occupational specialties, and the Sgt. Smith Theater at Schofield Barracks officially reopened after a lengthy closure in late April. The

USPACOM COLA survey results were also announced in May: Oahu remained the same, Hawaii decreased, and Kauai and Maui rates increased.

Also in May, private drones were becoming an issue on Army installations, but the garrison prohibits recreational flying on base. A prescribed burn was scheduled, mid-May, to remove "highly flammable guinea grass and other vegetation," said Dr. Dan Brush, deputy director, DES, and a new sex offender policy was released and posted on the garrison website.

The Schofield Commissary completed its renovations in late May, and USAG-HI practiced responding to hurricane emergencies. The Army turned 241 in June, and two changes of command took place: Col. Stephen Dawson assumed command of the garrison; Lt. Col. Christopher Marquez assumed command of the Pohakuloa Training Area on the island of Hawaii.

The Installation Management Command held a

worldwide conference call in early July; about 58,000 civilians were able to tune in and hear about transformations in the Army with Under Secretary of the Army Patrick Murphy. Then, in mid-July, the IMCOM commander, Lt. Gen. Kenneth R. Dahl, visited the garrison

to discuss a variety of issues. As summer went by, the Rim of the Pacific and the Fourth of July Spectacular were held, and the garrison urged personnel to monitor energy usage as costs were surging. Then, in August, the 25th Infantry Divison and USARHAW commanding general, Maj. Gen. Christopher G. Cavolia, arrived. Also, Pokemon and the Rio Olympic Games took center stage, and Secretary of the Army Eric Fanning visited and learned about units in Hawaii.

The nation observed the 15th anniversary of 9/11. Remembrance events were held throughout Oahu. Also, in September, Secretary of Defense Ash Carter held a worldwide talk to discuss readiness, global challenges and more.

October was a challenging month for installation residents of Oahu North. Unplanned power outages caused frustration. Mid-month, the Directorate of Human Resources hosted a two-day-long Transition Summit for job seekers. Transitioning service members and spouses received loads of resources.

The nation elected its 45th president in November, and Army Family Action Plan delegates in USARHAW came up with six quality of life issues to present to USARHAW leaders.

As the year ended, the garrison observed the 75th commemoration of the Dec. 7, 1941, attacks. Wreaths were laid at Hangar 106, at Wheeler, by the Greatest Generation and the Veterans of Foreign Wars, as over 20 Pearl Harbor and Wheeler survivors and other World War II veterans attended the ceremony.



Art courtesy of Hawaiian Electric Company An artist's sketch shows the 50-megawatt, biofuelcapable power generation plant that will be built on Schofield Barracks.



Tiger Balm - all among exercises

Story and photo by

STAFF SGT. ARMANDO R. LIMON 3rd Infantry Brigade Combat Team Public Affairs 25th Infantry Division

SCHOFIELD BARRACKS — The 3rd Brigade Combat Team, "Broncos," 25th Infantry Division, began a successful year as companies assigned to 2nd Battalion, 27th Inf. Regiment, "Wolfhounds," loaded up a U.S. Army logistics support vessel for an exercise at the Pohakuloa Training Area (PTA), on the island of Hawaii, in January.

First Lt. Robert Johnston, assistant operations officer, 2-27th Inf. Regt., stated that vehicles and equipment were to be used as an opposing force in support of the 2nd BCT, 25th ID, during the Lightning Forge 16 exercise that took place during the beginning of February.

Staff Sgt. John McDermott, battalion career counselor, 29th Bde. Engineer Bn., "Wayfinders," won the U.S. Army-Pacific Command Career Counselor of the Year at Fort Shafter at the end of January. McDermott thanked Master Sgt. Karen Fields, 3rd BCT career counselor, for providing excellent mentorship and guidance for him.

The Bronco brigade held a change of responsibility ceremony with outgoing Command Sgt. Maj. Timothy N. Johnson relinquishing responsibility to Command Sgt. Maj. Alan E. Michaud in March.

'(His) service to the brigade made us individually and collectively so much better in so many ways," said Col. Scott W. Kelly. "These three traits define Command Sgt. Maj. Johnson for me and harken to a significant impact he had on this brigade."

The 2nd Bn., 35th Inf. Regt., "Cacti," along with elements from the 3rd Bn., 7th Field Artillery Regt., "Sappers," from the 29th BEB, and combat aviation at the Battle Area Complex (BAX), mid-March

"(If) we ever deploy, we don't deploy as infantryman; we deploy as an Army," said Maj. Jacob White, operations officer, 2-35th Inf. Regt.

The Soldiers from 3rd Sqdn., 4th Cav. Regt., "Raiders,"  $3\mathrm{rd}$  BCT, conducted fast rope insertion extraction system (FRIES) techniques with their Marine Corps and Air Force counterparts at the end of March.

Sgt. 1st Class Tim Briggs, assigned to 3-4th Cav. Regt., said the Marines brought different techniques for them to learn and visa-versa during the FRIES training.

In April, Bronco Soldiers completed a demanding week of expert infantry skills testing. It culminated in the awarding of the Expert Infantryman's Badge (EIB). "Earning your EIB is important because it's the only

way to show you know how to do your level one task,' said Spc. Hugo Parra, EIB grader, 3-4th Cav. Regt.

Soldiers of 325th Bde. Support Bn., and 29th BEB, came together to make ti leaf lei at Wahiawa District Park to be placed on the headstones at the Schofield Barracks Post Cemetery prior to Memorial Day in May.

"It's great to see the Soldiers," said David Seeholzer, Rainbow Seniors vice president. "You know we in Wahiawa see Schofield as essentially part of the community."

The Bronco Brigade welcomed Col. Robert M. Ryan as the new brigade commander and said farewell to outgoing commander Col. Scott W. Kelly during a change of command on Weyand Field in June.

"To the Soldiers of the 3rd Brigade," Kelly said. "I am deeply honored to have gotten the opportunity to serve you."

Task Force Raider, comprised of elements from 3-4th Cav. Regt., and 2-27th Inf. Regt., participated in exercise Southern Jackaroo 16 with the Australian Army during

Afterward, TF Raider participated in a second exercise, Hamel 16, at the Cultana Training Area in the state of South Australia from the end of June to

Soldiers from the Bronco Brigade; 29th Bde. Combat Team, Hawaii Army National Guard; and the 9th Inf. Bde., 6th Div., Singapore Armed Forces (SAF) came together for exercise Tiger Balm 16, in July. The exercise culminated with troops from the Wolfhounds and SAF during a CALFEX at PTA.

'It was a good experience for the boys," said Capt. Aaron Teow, 9th Inf. Bde., 6th Div., SAF. "It is nice to be on an outdoor range that gives realistic training and

The Wolfhounds showed the ohana spirit by hosting four children from the Holy Family Home in Osaka for the annual summer visit to Oahu in August.

Yasushi Misawa, Japan Consul General, described the Wolfhound story with the orphanage as "a story of devotion and commitment of the regiment and Master Sgt. Hugh O'Reilly to help the children of the Holy Family Home after post-World War II."

During September, the Bronco Brigade participated in exercise Orient Shield 16 with Japan Ground Self-Defense Forces at Aibano Training Area, Japan. Troops from JGSDF and the Wolfhounds trained together during various combat scenarios.

The Cacti led the annual capabilities exercise (CAPEX) at the BAX for Tropic Lightning Week during

"Typically, a lot of our training is done with the enablers that the battalion can provide," Hill said. "However, during the capabilities exercise, we bring in

See 3BCT A-8

### Warrior Brigade looks back over intense, rigorous year

Story and photos by

STAFF SGT. CARLOS DAVIS 2nd Infantry Brigade Combat Team Public Affairs

25th Infantry Division

SCHOFIELD BARRACKS - For the Soldiers and families of 2nd Infantry Brigade Combat Team, 25th Infantry Division, 2016 can best be described as transformative - filled with intense and rigorous training, historic new partnerships and unrelenting family support.

In March 2016, the Warrior Brigade initiated and completed a daunting full-scale turn-in of over 300 M1126 Stryker Combat Vehicles to the Project Management Stryker Office as part of the transformation to a light infantry brigade.

Throughout the calendar year more than 32 Soldiers successfully graduated Ranger School.

One of the significant highlights of the year was in June when 2IBCT Soldiers stood proudly in formation as Col. David Womack relinquished command to Col. Anthony Lugo.

From there, the Warrior Brigade continued to focus on its transformation from a Stryker to a light Infantry Brigade Combat Team, renewing and improving partnerships with American allies in the Pacific Region, maintaining relationships with Oahu's communities, as well as continuing to train and validate the unit's

In October, the brigade continued to embrace change as it bid farewell to the legendary "Golden Dragons" Battalion, during a deactivation ceremony for 1st Battalion, 14th Inf. Regiment, as it cased its colors for the last time.

Also in October, 2IBCT entered into the Army's new chapter in readiness as part of the Associated Units Pilot Program, where more than 500 Indiana National Guard Soldiers, assigned to 1st Bn., 151st Inf. Regt., from Jasper, Indiana, donned the 25th ID's Taro Leaf Patch and joined the ranks of 2IBCT.

The Warrior Brigade Soldiers showcased their dedication to the community, throughout the calendar year, by assisting with numerous community projects, such as Waianae's Disaster Relief Fair, Makua Valley's Beach Cleanup Project, Wahiawa's Veterans Day Parade, Waianae's Christmas Day Parade, and other special events with sponsored schools and community organizations throughout Hawaii.

The 2nd Bn., 11th Field Artillery Regt., along with support from the Make-a-Wish Foundation of America, fulfilled a young child's dream, from Springfield, Missouri, by allowing him to indulge in an experience



Warrior Brigade Soldiers with 1st Bn., 27th Inf. Regt., 2nd IBCT, climb a steep hill as they move to their objective on Schofield Barracks, Sept. 19.

of a lifetime as an honorary Soldier of the Tropic Lightning Division.

'Wolfhounds" assigned to the 1st Bn., 27th Inf. Regt., continued a 52-year tradition by sending Sgt. 1st Class Valdez to Osaka, Japan, for two weeks and to meet four children who would spend the summer, here, as part of the Holy Family Home event.

During the Annual Joint Venture Education Forum, two Soldiers, assigned to 1st Bn., 27th Inf. Regt., were recognized by the State of Hawaii for their commitment and dedication in working with Hawaii partnered schools.

To ensure unit readiness was always met, the brigade conducted numerous validation training exercises and deployment readiness exercises around the islands of Oahu and Hawaii, including the Pohakuloa Training

The brigade was also the focus during two challenging Lightning Forge exercises, a training deployment to PTA, and a combined arms live-fire exercise.

For the first time, here, as part of the Army's Secure Wireless Risk Reductions event, the Warrior Brigade selected to use secure wireless network connectivity during field operations to enable key leaders and staff to manage

training operations.

The brigade accumulated more than 50,837 frequent flyer miles while supporting support operations throughout the Pacific area of responsibility and beyond. The Warrior Brigade deployed its Soldiers all over the globe - stretching from Oahu to locations such as Singapore and Thailand and as far as the Middle East.

2IBCT strengthened partnerships with our nation's allies by training side by side with British counterparts during Lightning Forge 17, which will carry into its upcoming Joint Readiness Training Rotation at Fort Polk, Louisiana, in February. As the Warrior Brigade

continues to train and prepare to fight anywhere our nation calls, we would like to thank the families for their support. Without our families of

the 2nd IBCT, none of these accomplishments would have been possible.

OLDIERS HAWAII ARMY WEEKLY DECEMBER 23, 2016 | A-5



# Tropic Lightning Division takes a look at year

**25TH INFANTRY DIVISION**Public Affairs

SCHOFIELD BARRACKS — This was an exciting year for the 25th Infantry Division as we fostered positive relationships with our allies, enhanced our capabilities, and provided Soldiers the best training in the Army.

There was a change in leadership, welcoming in Maj. Gen. Christopher Cavoli as the new division commanding general and U.S Army-Hawaii senior mission commander.

The Jungle Operations Training Course is a premier training location for leadership development and jungle skills. It was also a testing site for new Army equipment as 25th ID Soldiers were given the opportunity to test new uniforms and robots, which could be used for future operations.

"This training event has been an exercise to address the basis of issue for Soldier multiuse equipment transport robots in the Pacific region," said Joseph Alexander, Tank Automotive Research, Development and Engineer Center representative.

Working with the Tropic Lightning Soldiers firsthand is how Army research



During Lightning Forge 17, a machine gun team with the 1st Bn., 27th Inf. Regt., 2nd BCT, secures an objective at Area X-ray on Schofield Barracks, Oct. 31.

labs could extend the reach and capability of a platoon or company.

Tropic Lightning Soldiers also trained with partner nations with Pacific Pathways rotations throughout the region. Combined training proves to be a force multiplier, which allows greater responsiveness in the division's area of responsiveness.

sibility

The 25th not only trains in the jungle, but also in the air. The 3rd Brigade Combat Team had the opportunity to work with Marine and Air Force counterparts in March while conducting fast rope insertion extraction system techniques.

"We did the rappelling from the UH-

60s, and we got some good rappel techniques," said Sgt. 1st Class Tim Briggs, platoon sergeant, Comanche Troop, 3rd Squadron, 4th Cavalry Regiment, 3BCT. "We kind of fine-tuned those techniques. ... With the fast rope, it's a little bit different, a little bit higher risk."

Training to defend America is paramount in the Pacific region. The 25th Sustainment Brigade is confident in the ability to provide realistic combat simulations while working with Marine Corps aviation. Lightning Support Soldiers conducted convoy live-fire operations throughout the months of August and September.

"As a sustainment brigade, our primary role is to distribute commodities across the battlefield for the warfighter – in that, we must be able to provide convoy security for our commodities as they distribute supplies across the battle space," said Capt. Daniel R. Dexter, 25th Sust. Bde. "In order to do that, we must perform training exercises like Lightning Support Aegis to become as efficient as possible."

The 25th Division Artillery Brigade continues to support the division's efforts in numerous exercises to include

See 25TH ID A-10

### 25th CAB embraces it motto, to 'Fly for the Troops'

CAPT. HEBA BULLOCK

25th Combat Aviation Brigade Public Affairs 25th Infantry Division

WHEELER ARMY AIRFIELD — Throughout 2016, the 25th Combat Aviation Brigade impressively embodied its motto, "We Fly for the Troops," by providing unique functional aviation support and expertise to the 25th Infantry Division, its partner nations and joint coun-

Under the leadership of Col. Kenneth Chase and Command Sgt. Maj. Brian Hauke, the 25th CAB continuously demonstrated its expeditionary capabilities operating as a regionally aligned task force and executing aviation support for a number of strategic multinational and joint operations to ensure the success of the 25th ID, U.S. Army-Pacific, and U.S. Pacific Command.

The CAB designed and developed the Division's inaugural "Lightning Assault Series." This monthly series hones in and trains Air Assault planning and execution at the ground force platoon and company/battery/troop levels, enhancing mission essential task proficiency and core warfighting skills.

The 3-25th General Support Aviation Battalion, Task Force Hammerhead, led the CAB's first iteration of Lightning Asanult Comina

The 25th CAB continued to validate its readiness by deploying 95 Soldiers to the National Training Center in May. The task force's Army Training Command Soldiers built and managed air space integrating unmanned aerial systems into the battle space, deconflicting more than 31 aircraft and three unmanned aerial vehicle planting the space of th

toons while managing airfield operations.

During the year, 2-6th Heavy Attack
Reconnaissance Squadron rebranded itself, retiring the name "Lightning Horse"
and reviving the historic "Sabers" appellation used by the squadron in the early
2000s when it was an Apache unit.

From January to June, 2-6th HARS and 209th Aviation Support Battalion worked tirelessly to inspect, inventory and transport 24 AH-64D Apaches from several Army National Guard units across the continental U.S. to Oahu. Upon completion, 2-6th HARS hit the ground running on the conversion to a HARS and the acquisition of the Apache Longbows.

Operation Pacific Pathways 16-01, was the cumulating training event for the beginning of FY16 that incorporated three exercises - Cobra Gold (Thailand), Foal Eagle (Korea) and Balikatan (Philippines) - to strengthen relations within our Pacific partnerships.



Photo by Sgt. Daniel K. Johnson, 25th Combat Aviation Brigade Public Affairs A 2nd Squadron, 6th Cavalry Regiment, crew pilots an AH-64 Apache on its first flight to Wheeler Army Airfield after being acquired from the Army National Guard, Jan. 16.

Medical evacuation crews conducted demonstrations and training. They executed an urgent real-world MEDEVAC mission in support of TF Ghost at Lopburi, Thailand, demonstrating the CAB's ability to respond and react.

Unique to that rotation was the 350-mile air assault and real-world firefighting in the Philippines, where 3-25th General Support Aviation Battalion dropped more than 79,000 gallons of water on the fire.

The 2-25th Assault Helicopter Battalion was the mission command element for Operation Pacific Pathway 16-02, which consisted of operations in Thailand and split operations in Malaysia and Indonesia.

and split operations in Malaysia and Indonesia.

CAB successfully served as the Task Force Aviation Headquarters for the Division-level, home-station culminating training event, Lightning Forge. The task force flew more than 300 hours in support of the Warrior Brigade executing air movements, air assaults and security missions; integrating non-organic assets into operations; and conducting mission

command in a field environment during

the 10-day exercise culminating in a bat-

talion air assault led by 2-25th AHB.

In support of joint interoperability, the CAB served as the only U.S. Army represented force during USPACOM's joint exercise in July. The Rim of the Pacific (RIMPAC) exercise is the largest joint and multinational maritime training event in the world, involving 27 nations overall.

Throughout 2016, the 25th CAB had every available aircraft tasked to conduct missions in support of Lightning Forge, Operation Pacific Pathways, Distinguished Visitor support, or real-world requirements, such as MEDEVAC.

The CAB's focus on training and readiness allowed it to successfully prepare and increase support to ground force commanders as an assigned aviation force in the Pacific. The array of effective sequential training operations continued to build and prepare the CAB for realworld readiness in an austere environment in support of contingency response force and Pacific Pathways operations within the USPACOM area of operations.

Needless to say, the sun never sets on the 25th CAB as it embodies its motto, "We Fly for the Troops," and ensures that 25th ID ground Soldiers have stellar and high-class aviation support.



Photo by Capt. Samantha Jewell, 3rd Battalion, 25th Aviation Regiment, 25th Combat Aviation Brigade, 25th Infantry Division

A 3-25th aviation crew flies a CH-47 Chinook over the Army Ship LSV2 to conduct air assault operations on the Pacific Ocean, Jan. 11.

### TAMC provides health care-plus for 260,000

WILLIAM SALLETTE

Tripler Army Medical Center Public Affairs

HONOLULU — Tripler Army Medical Center, or TAMC, prides itself on serving as the premier health readiness platform in the Pacific and by providing high quality, safe, patient-centered health care.

Along with many other procedures, this year, TAMC delivered more than 3,200 newborns, performed nearly 9,500 surgeries and conducted nearly 720,000 clinic visits for more than 260,000 eligible military personnel, family members and veteran beneficiaries throughout the Pa-

TAMC is at the forefront of technological advancement in medicine, and this year made a number of significant innovations toward providing the best possible care for patients.

One of these innovations was making the dopamine transporter scan (DaT Scan) available to patients. The DaT scan is a helpful tool in diagnosing Parkinson's disease while still in its earliest stages. This is a task that no other hospital in the state has been able to accomplish.

Another new program, introduced by the TAMC Pulmonary Clinic, was a selfscreening process for early signs of lung cancer. The program allows patients to self-refer and includes a counseling session with a TAMC nurse navigator, an annual computed tomography, or CT scan of the chest, and access to the most comprehensive pulmonary services in Hawaii.

Soldiers' deeds throughout the year proved TAMC's expertise and its ability to train America's fighting forces to be ready for anything, anytime. In one instance, a group of officers and nurses assigned to multiple clinics throughout TAMC took a personal trip to Maui to participate in the Maui Marathon.

While nearing the finish line, they witnessed a 71 year-old gentleman collapse while having a heart attack. These nurses were able to revive the man and provide aid until emergency services arrived.



Col. Andrew M. Barr accepts the Tripler colors from Command Sgt. Maj. Timothy Sloan during a change of command ceremony on July 15. Barr accepted the command from outgoing commander Col. David K. Dunning.

'Their care and training was impeccable, and I have never been more impressed with a group of young nurses," said Laura Spector, doctor of osteopathic medicine. "They performed these duties without any equipment available to them. It was even more impressive that they had just run an exhausting race."

TAMC has also been making major strides to improve facilities throughout the hospital. This year, the new Progressive Care Unit (PCU) moved into its new ward on the 7th floor. The new modernized care environment includes safe patient lifting systems, state-of-the-art beds, bariatric capability and expanded care environments and technology enhancements that assist the nurses and care staff in providing for patient and family needs.

TAMC is moving and growing in order to enhance the caring environment for our beneficiaries with a focus on the 'ohana' care aspect by providing a patient-centered and family-focused addition to our care," said Col. David Dunning, former TAMC commander. "With this move, we are modernizing our care environment to align with the MEDCOM (Medical Command) view of patient care and to provide world-class health care to our patients and families." TAMC commenced enforcement of its

tobacco-free living policy on its campus this year. The policy prohibits anyone, including patients and visitors, from using any type of tobacco products on the

The goal is to provide a safe environment for patients to receive care while improving the health, wellness and productivity of the total Army family. The policy also made command-sponsored tobacco cessation services available to TAMC employees. These services include counseling, education and pharmaceuticals to assist employees in quitting tobacco use.

TAMC hosted the CBS show "Hawaii 5-O" for the filming of its two-hour sea-

son finale. More than 200 members of the cast and crew worked side by side the TAMC staff to film the episode.

During the airing of the show, more than 11 million viewers watched the episode resulting in approximately \$8 million of free advertising for TAMC.

"Jack Lord used to film the old H5O episodes, here, so we honor that history and continue the legacy while showcasing for the nation TAMC's commitment to readiness and excellence," said Jim Guzior, TAMC's chief of Public Affairs.

During the past year, TAMC has employed 12 Army and Air Force reserve units for their annual training. As the major medical facility in the Pacific, TAMC provides reserve units the ability to take the time to work on systems that are not usually available at their local clinics.

The reserve units provided TAMC with nearly 21,000 working hours in TAMC clinics and labs equating to more than

TAMC hosted many distinguished visitors over the last year. Surgeon generals and senior medical officials from Bangladesh, China, Japan, Korea, Vietnam and Thailand took the time to meet with the TAMC commander and staff to discuss ways in which we could build on the established relationship between the U.S. and respective countries during global medical engagements.

TAMC has been healing heroes since before the attack on Pearl Harbor and honors its rich history while continuing to care for patients. TAMC's 4,000 member staff is dedicated to continuous quality improvement and to providing stateof-the-art medicine with state-of-the-art

### Transforming RHC-P strengthens command, health care

Story and photo illustration by AMY M. PARR Regional Health Command-Pacific **Public Affairs** 

HONOLULU — As 2016 wraps up, Regional Health Command-Pacific, also known as RHC-P, closes a year full of transformation and continuation of the region's metamorphosis started in 2015.

The U.S. Army Medical Command, or MEDCOM, realignment brought the Public Health-Command Pacific and the U.S. Army Dental Command-Pacific under the RHC-P umbrella in 2015.

Further strengthening the command, 2016 added Madigan Army Medical Center at Joint Base Lewis-McChord, Wash.; Bassett Army Community Hospital, Fort Wainwright, Alaska; and the Presidio of Monterey Army Health Clinic, Calif., growing the team through a consolidation with the Western Regional Medical Command.

Additionally, this year delivered a new leadership trio to the region. In January, the command welcomed Brig. Gen. Ronald Stephens as deputy commander, stationed at JBLM. In March, Command Sgt. Maj. Richard Watson III became the region's senior enlisted adviser. June brought Brig. Gen. Bertram Providence to the helm as RHC-P's commanding gen-

While the command team may be new. they are dedicated to the success of RHC-P's people, military treatment facilities and the delivery of accessible, safe and high-quality world-class medical care.



"Our region experienced a lot of growth this year, successfully bringing together two commands into one," said Providence. "The inclusion of new members has made us stronger and expanded our regional capabilities. I'm proud of our

team, our accomplishments and excited for the future of Army Medicine."

In addition to providing medical care to the region's more than 250,000 beneficiaries, RHC-P conducts global health engagements in support of allies and partners in the Indo-Asia-Pacific region.

RHC-P leverages Army Medicine capabilities found in its nine direct reporting units to build relationships, further health

See RHC-P A-11

### 18th Medical Command (DS) sets new standards on all fronts

SGT 1ST CLASS IOHN D BROWN 18th Medical Command (Deployment Support) **Public Affairs** 

HONOLULU — In the fall of 2015, Col. Ann M. Sammartino, commander of the 18th Medical Command (Deployment Support), challenged her officers and senior noncommissioned officers, during a weeklong planning conference at Joint Base Pearl Harbor-Hickam, to re-evaluate the unit's mission and longterm training and engagement strategies, and to focus on improving all aspects of individual and unit readiness.

With Sammartino's guidance at the forefront for 2016, the Pacific Knights began an arduous quest to achieve unprecedented levels of readiness and training while continuing to provide the premier command and control element for medical resources in the Indo-Asia-Pacific Re-

The plan was simple. The Soldiers and leaders of the 18th MEDCOM would continue to support nine combined exercises, including Ulchi Freedom Guardian, Cobra Gold, Balikatan and Angkor Senti-



ous U.S. military service members and Royal Thai Army soldiers of the Cooperative Health Engagement Team share best medical practices before visiting local villages in Saraburi Province, Thailand, during Hanuman Guardian 2016.

nel in 2016 while also providing personnel and coordinating support for dozens of Global Health Engagements throughout the region. In addition, the Pacific

Knights wanted to apply these missions

to a coordinated effort to improve indi-

vidual Soldier and unit readiness.

Over the course of the year, the Pacific Knights visited over a dozen countries in the Pacific, including China, Vietnam, Sri Lanka, Korea, Japan, the Philippines and

The missions varied from training in basic medical skills to training in advanced pre-deployment logistical readi-

Soldiers and leaders of the 18th MED-COM advanced unit readiness in preparation for a Culminating Training Exercise (CTE) designed to challenge the unit's ability to operate in multiple locations throughout the region.

While serving as the medical com-

mand for Ulchi Freedom Guardian 2016, the unit mobilized active and reserve Soldiers from Fort Shafter and Schofield Barracks in Hawaii, Camp Carroll in Korea, and Misawa Air Force Base and Camp Zama Army Base in Japan.

The unit exercised each level of its medical command through synchronous

efforts of dedicated Soldiers, facilitated a

medical readiness exercise (MEDEX-16)

and assisted in training a contingent of the Vietnamese People's Army medical logisticians team in preparation for its upcoming deployment.

As the MEDCOM Command Team elevated the unit's level of readiness, the Headquarters and Headquarters Company (HHC) command team was devoted to improving the mental and physical readiness of each Soldier.

This included increasing the number of field training exercises, incorporating new and improved equipment, bolstering the physical readiness training program and providing countless hours of resilience training.

By supporting Soldiers' efforts to improve personal growth and development, the unit saw more Soldiers attend institutes of higher learning, participate in every competitive running race on Oahu and increase their overall physical training score averages.

The unit is currently expanding its training plans for 2017 to ensure Soldiers and leaders of the 18th MEDCOM remain at the forefront of readiness and training.

SOLDIERS



Year in REVIEW

Photo by Staff Sgt. John Garver, 8th Theater Sustainment Command Public Affairs During his visit to the Pacific, Gen. Mark A. Milley, the 39th U.S. Army Chief of Staff, tours Logistic Support Vessel-4 (named the Lt. Gen William B. Bunker).

## 8th TSC units improve theater logistics

MAJ. LINDSEY ELDER & CAPT. ADAM V. CARTIER & STAFF SGT. TARESHA HILL

8th Theater Sustainment Command **Public Affairs** 

During 2016, the 8th Theater Sustainment Command increased international and civic partnerships, and improved achievement and readiness.

While supporting missions across a region covering more than half the globe and with about 10 percent of its command deployed at any time, the 8th TSC made notable strategic contributions to the region.

Under the command of Maj. Gen. Susan Davidson, since July, the 8th TSC has restructured its staff with a "back to basics" approach to improve theater lo-

It continues to build cohesion as an organization whose Soldiers want to be part of the team, while executing the essential missions of planning and synchronizing theater distribution and sustainment, protecting the force and building partner capacity to secure the Indo-Asia-Pacific Region.

#### Innovative programs and leaders

The 8th TSC's Young Alaka'i program has become so successful that it will continue to grow under the control of U.S. Army-Pacific next year.

Recognized as one of the most innovative company-grade strategic leadership programs in the Army, Young Alaka'i completed multiple phases, expanded its partnerships with colleges, regional, nonprofit education and research organizations, and now has alumni from across all services, including Department of the Army civilians.

The 2016 U.S. Army Soldier of the Year, Sgt. Robert Miller, is a member of the 303rd Explosive Ordinance Disposal Battalion, while the 728th Military Police Battalion won the Army Award for Maintenance Excellence.

#### **Support missions**

Soldiers from both the 8th Military Police Brigade and the 130th Engineer Bde. supported the Army Total Force Policy by providing the Army National Guard/ Army Reserve with essential training. This included law enforcement training with the U.S Army Reserve's 414th MP Company, headquartered in Joplin, Mo.

Military working dog, bike patrol and other military police elements provided security at Oahu installations, as well as during the Fourth of July Spectacular, the Kellie Pickler concert and other community events, ensuring safety for military personnel and their families.

They also provided necessary security at the Army birthday concerts and the Pearl Harbor 75th anniversary commemorations at Fort DeRussy.

The 130th Eng. Bde. continued its community outreach programs by conducting numerous events at Mililani Uka Elementary School, working with the Mililani Mauka Neighborhood Board and participating in the Na Koa Wounded Warrior Canoe Regatta — where it placed third in all three categories.

#### **Finding missing Soldiers**

Soldiers from all 8th TSC units supported multiple missions across the Pacific for the Defense POW/MIA Accounting Agency, providing the fullest possible accounting for our missing personnel to their families and the nation.

More than 83,000 Americans remain missing from World War II, the Korean War, the Cold War and the Vietnam War.

One notable mission was the deployment of the five-Soldier SCUBA team from the 7th Eng. Dive Detachment of the 84th Eng. Bn. to Kwajalein Atoll in the

Marshall Islands, where they verified the location of a seaplane and successfully located fallen Soldiers who had been buried at sea since World War II.

Executing Exercise Angkor Sentinel 2016 in Cambodia provided the command with increased readiness, expandhumanitarian assistance/disaster response capabilities and improved interoperability.

The preparation continued through the 12th iteration of the U.S.-China Disaster Management Exchange and continues through the New Year as the 130th Eng. Bde. and 8th TSC lead planners prepare for AK17 as part of USARPAC's Pacific Pathways 17-1.

#### 8th Military Police Brigade

The 8th MP Bde. continued to strengthen its partner relationships with foreign nations, government agencies and the local community through subject matter expert exchanges, exercises and community outreach.

The brigade's headquarters held its annual command post exercise to assess the brigade's ability to conduct detainee operations in preparation for its participation in Warfighter 17 with the Eighth Army in the Republic of Korea.

The brigade's Special Reaction Team and Military Working Dog Detachment enabled joint interoperability among first responders across the command and the community through active shooter and validation exercises.

Troops from the 728th MP Bn. participated in exercises Keen Sword and Khaan Quest. Members also prepared for upcoming missions in Guam to support Task Force Talon.

"Dragon Fire" troops from the 71st Chemical Co. conducted their first culminating training exercise in which supporting elements from throughout the brigade evaluated the company on its Mission Essential Task Lists. The company also successfully certified four teams on its first Stryker Gunnery.

"Forged in Fire" troops from the 303rd EOD Bn. won USARPAC's EOD Team of the Year Competition for the third year in a row and engaged in subject matter expert exchanges with other countries' militaries while continuing to respond to real-world missions throughout Hawaii and the Pacific.

Of critical importance was the start of the four-year Humanitarian Mine Action mission with Vietnam, as well as supporting HMA missions in Sri Lanka.

The 303rd EOD Battalion also hosted its first German Armed Forces Proficiency Badge competition where over 120 Soldiers from nine subordinate com-



Photo by Staff Sgt. Taresha Hill, 8th Military Police Brigade Public Affairs, 8th Theater Sustainment

 $\pmb{\text{U.S. Army reservists with the 414th Military Police Company headquartered in Joplin,}}\\$ Mo., participate in an active shooter training exercise as part of the company's law enforcement integration and certification training provided by MPs from the 728th MP Bn., 8th MP Bde., 8th TSC, Sept. 4-28, at Schofield Barracks.

to readiness and responsiveness in the Pacific and to taking care of Soldiers, civilians and their families in 2016.

The brigade deployed over 1,500 Soldiers to more than 17 countries, from Afghanistan to Palau and everywhere in between, while enhancing facilities and community relations at home on Oahu.

Members of the 84th Eng. Bn. and 14th Construction Management Team provided troop labor, survey and design support, and construction management for joint force projects on Marine Corps Base Hawaii, at Pearl Harbor, on Schofield Barracks and in Cambodia, Sri Lanka, Vietnam, Fiji, Nepal, the Philippines, Palau and Korea.

Additionally, the brigade supported the U.S. Army Reserve's 412th Theater Engineer Command with planning operations across the Pacific. Finally, the brigade bested its Navy counterparts in the Seabee Olympics at the beginning of the year.

For the first time in Okinawa, Logistic Support Vessel (LSV)-2 (named the CW3 Harold C. Clinger), crewed by 30 Army mariners from the 163th Transportation Detachment, supported the 10th Regional Support Group to retrograde ammunition containers to mainland Japan in support of the 25th Infantry Division during Pacific Pathways 16-3. Task Force Ready inactivated in Au-

gust after nine months of providing en-

gineer capabilities in support of

the Eighth Army and 2nd

sion in Korea. The rotation was designed to support the United States' security commitment to the Republic of Korea as specified by the mutual defense treaty and presidential agreements between the U.S. and the ROK.

Task Force Ready was the first Echelons Above Brigade (EAB) engineer-force structure to serve in the ROK for several years, and the first engineer EAB unit to rotate to Korea since the rotational forces program began in 2014.

The 523rd Eng. Co. also deployed as part of rotational unit support to Korea, in May, with 113 Soldiers, received by the 602nd Aviation Support Bn., the 2nd Combat Aviation Bde. and the 2nd ID, to return in 2017 after the establishment of the 11th Eng. Btn.

Thirteen Soldiers from the 84th Eng. Bn. deployed to Palau as Civil Action Team 84-004 in July for a nine-month rotation to provide construction support to the Republic of Palau as part of an apprentice program to provide training in engineering/medical skills and support to community relations events in Palau.

(Editor's note: Maj. Elder is the public affairs officer for 8th TSC, Capt. Cartier is the unit public affairs representative for 13th Eng. Bde., and Staff Sgt. Hill is the public affairs specialist for 8th MP Bde.)



Photo by Petty Officer 3rd Class Markus Castaneda

KWAJALEIN ATOLL — Army Pfc. Timothy Sparks, a diver assigned to 7th Engineer Dive, and Sgt. 1st Class Jeramy Bays, a master diver assigned to Defense POW/MIA Accounting Agency, perform dive checks on each other prior to investigating a seaplane wreck site in the waters, here, Aug. 18.

A-8 | DECEMBER 23, 2016 HAWAII ARMY WEEKLY SOLDI



Photo by Staff Sgt. Christopher Forecki, 1st Battalion, 1st Air Defense Artillery Regiment, 94th Army Air and Missile Defense Command

Soldiers from Battery C, 1st Battalion, 1st Air Defense Artillery Regiment, 94th AAMDC, take a "selfie" with Sgt. Maj. of the Army Daniel A. Dailey during his visit on April 5.



### 94th AAMDC's priorities include theater security

MAJ. TROY FREY

94th Army and Air Missile Defense Command Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — The 94th Army Air and Missile Defense Command continues to provide joint and combined theater air and missile defense in order to meet operations plan requirements and support the rebalance to the Indo-Asia-Pacific Region.

94th AAMDC Soldiers sustained partnerships with local communities, other Army units, sister services and our allied nations. These relationships were strengthened while the Sea Dragons remained integrated at every level to build a resilient, cohesive team.

The 94th AAMDC commander's top priorities are readiness, transition to war and theater security cooperation (TSC).

Over the past year, the 94th AAMDC has been highly productive, as it's improved our integrated air and missile defense (IAMD) during an increasing operational tempo (OPTEMPO) across all mission areas, to include real-world operations, TSC operations, AN/TPY-2 radar and terminal high altitude area defense (THAAD) permanent stationing, and exercise planning and execution.

The Sea Dragon Team codified a comprehensive strategy in the newly developed 94th AAMDC Campaign Plan, which serves as a road map on our way ahead for IAMD in the Pacific.

The Sea Dragons maintained their mission readiness by participating in multiple joint, combined and trilateral exercises, such as Balikatan, Keen Edge, Keen Sword, Key Resolve, Ulchi Freedom Guardian and Pacific Sentry with other branches of the U.S. armed forces, as well as with allied and partner countries.

For the first time, Sea Dragon Soldiers participated in Balikatan where they taught the fundamentals of air defense to the Philippine army, March 31-April 15.

The year started with the 94th AAMDC holding a Dr. Martin Luther King Jr. Observance, where the theme was "A Day On, Not a Day Off!" Soldiers expanded their commitment to the community by pairing with Pearl Harbor Elementary School during the American Heart Association's national event, Jump Rope for Heart.

The ready and resilient team (RT2) for the 94th AAM-DC provided applied suicide intervention skills training for trainers (ASIST T4T) during a five-day workshop, which certified personnel from units across U.S. Army Garrison-Hawaii.

The RT2 also held quarterly prayer breakfasts and sponsored a public proclamation reading and scavenger hunt to emphasize the importance of Sexual Assault Awareness and Prevention Month (SAAPM), to show that sexual assault and sexual harassment will not be tolerated in the Sea Dragon ohana.

The Sea Dragons were host to the Honorable Eric K. Fanning, Secretary of the Army, and Sgt. Maj. of the Army Daniel A. Dailey. Both were able to speak with Sol-

Photo by Sgt. Kimberly K. Menzies, 94th Army Air and Missile Defense Command Public Affairs JOINT BASE PEARL HARBOR-HICKAM — Brig. Gen. Sean A. Gainey, new commander, 94th AAMDC, accepts the unit's colors from Gen. Robert B. Brown, former commander, U.S. Army-Pacific, during a change of command ceremony, Aug. 5, at historic Palm Circle on Fort Shafter.

diers and see firsthand the reason the 94th AAMDC is the lead in integrated air and missile defense.

The 94th AAMDC bid aloha to a new command team. The new command sergeant major, Command Sgt. Maj. John W. Foley, assumed responsibility for the 94th AAMDC on May 16, and Brig. Gen Sean A. Gainey was welcomed as the new commander during a change of command ceremony, Aug. 5. Both grew up in military families and have extensive experience in the Army air defense community.

The Association of the U.S. Army sponsored the fourth annual Land Power in the Pacific Symposium and Exposition, May 24-26, in Waikiki. This year the Sea Dragons presented a panel of experts that highlighted the joint and combined area air defense commander's roles and responsibilities, the global and theater aspects of air and missile defense, and some of the academic and material solutions to missile threats.

The 94th AAMDC hosted the 2016 Worldwide AAMDC Intelligence Symposium, which brought all the intelligence agencies together that work within the air defense community. There was also an officer exchange between the 94th AAMDC and the 16th Air Land Regiment, Royal Australian Artillery.

The 94th AAMDC is working with Australia to build a recognized officer exchange program, which is meant

to foster and enhance collaborative efforts between the two nations.

The Soldiers of the 94th participated in the Sixth Annual Linapuni Elementary School Field Day as part of the U.S. Army Hawaii School Partnership Program, while also maintaining strong bonds with partner schools forward in Guam and Japan.

Intelligence professionals from the U.S. Army and Air Force were recognized for excellence during the 94th AAMDC's first joint service component Knowlton Award recognition ceremony on Nov. 22.

The Sea Dragons ended the year by holding their Winter Leader's Summit and hosting the annual St. Barbara's Day Ball, which featured Vice Adm. James D. Syring, the current director of the Missile Defense Agency (MDA), as the guest speaker. This year's ball also marked the first time that members from joint services were inducted into the Order of St. Barbara, an honorary society of Army and Marine Corps artillerymen/women.

The Soldiers of the 94th AAMDC remain the "First Line of Defense" against an ever-increasing ballistic missile threat. The Sea Dragons are proud to be part of the premier Army Air and Missile Defense Command capable of quickly transitioning to war while remaining "Focused Forward" to execute our combat mission at any time.

### **3BCT:** Broncos rally

success depends on the

ability to maintain lethality

while managing the criti-

cal relationships that allow

our Army to be the expedi-

CONTINUED FROM A-4

aviation, artillery, and we bring in engineer assets."

Task Force Raider, consisting of elements of 3-4th Cav. Regt., 2-35th Inf. Regt., and 29th BEB, departed from Wheeler Army Airfield to PTA at the end of October for exercise Lightning Forge 17.

"Joint training with the Army and Air Force in support of Lightning Forge 17 allows both Soldiers and Airmen a great training opportunity," said Warrant Officer 1 Miguel Flores, mobility officer, HHC, 3rd BCT.

Bronco Soldiers participated in the 70th Annual Wahiawa Veterans Day and 34th Waianae Veterans Day parades in November.

"It's actually awesome," said Pfc. Isaiah Weathers, a participant in the Waianae parade, assigned to 29th BEB, "all the history and rich memories through Pearl Harbor and everything."

The Bronco Brigade closed out the year with participating in the weeklong exercise Yama Sakura at Area X-ray at the beginning of December.

"The progress that the Bronco Brigade has experienced over the past year in readiness has allowed us to continue to serve as the key rapid response force in the PACOM (Pacific Command) area of responsibility," Ryan said. "Our Army's

At right, Soldiers assigned to the 3rd BCT, 25th ID, sit aboard a C-17 Globemaster III assigned to the 535th Airlift Squadron, 15th Wing, at Wheeler Army Airfield Oct. 24.

The Soldiers are heading to the Pohakuloa Training Area on the island of Hawaii to participate in Lightning Forge 17.

Normally, Soldiers would board a C-17 from the 535th Airlift Squadron at Joint Base Pearl Harbor-Hickam, instead of flying out of Wheeler.



Photo by Spc. Patrick Kirby, 3rd Brigade Combat Team, 25th Infantry Division Mortarmen with Bravo Company, 2-35th Inf. Regt., 3rd BCT, set in and lay cover fire from their support by fire position at the Battle Area Complex, or BAX, on Schofield



Photo by Staff Sgt. Armando R. Limon, 3rd Brigade Combat Team, 25th Infantry Division





Soldiers from A Co. 304th ESB, "Apaches," 1st Signal Brigade, hone their skills during a weeklong digital gunnery exercise at North Star Range from July 11-15.

The exercise tested the Soldiers' abilities to rapidly provide communications networks to the warfighters.

#### Thoto by 5gt. Samantia Stoffiegen, 1st Signar Drigade Public Amans

# 311th Signal gives premier signal support

1ST LT. EMILY KLINKENBORG

311th Signal Command (Theater) Public Affairs

FORT SHAFTER — As the year 2016 comes to a close, the 311th Signal Command (Theater) takes time to reflect on the many successes from its active component Soldiers, Army Reservists and civilians in the Pacific region.

Dynamic teams of a multicomponent command continued to achieve milestones for the Army signal community through a wide range of support exercises and discussion forums. Here is a look at some key events within this past year.

#### **Best Warrior**

Sgts. Stephen Laboe and Travis Wilt represented the 307th Expeditionary Signal Battalion in the 311th SC(T) 2016 Best Warrior Competition. Laboe won as Soldier of the Year and Wilt continued on to win the 2016 U.S. Army Network Enterprise Technology Command BWC as NCO of the Year, in June, and

represented NETCOM in the Department of the Army-level competition.

#### **Change of Responsibility**

A change of responsibility ceremony at Palm Circle, June 24, heralded Command Sgt. Maj. Thomas Barlogio as the senior enlisted leader for Signaleers in the Pacific, and a change of command ceremony, July 7, welcomed Brig. Gen. Lawrence Thoms as the new 311th SC(T) commander and U.S. Army-Pacific G6.

#### **Project Synchronization Reviews**

Soldiers and civilians of the 311th Signal Command hosted two semiannual Project Synchronization Reviews at Ford Island this year. The two-day events, led by the 311th commanding general and USARPAC G6, began with the first day operating as a forum to create a shared understanding of project statuses and the second day as a G6 and S6 workshop.

"We want to take a deeper look, offer insights and work to provide higher

quality services," said Thoms. "The PSR is not intended to be a one-way discussion. It is a dialogue where if you know a better, faster, smarter way to do business, you bring that to the table."

The next PSR is scheduled for 2017 and communicators will continue to strengthen their efforts of building a better network for the warfighter.

#### Pacific Signal Week

Signal civilians and Soldiers made their way to Hawaii in September to help celebrate the Army Signal Corps during Pacific Signal Week. Signaleers participated in outdoor activities throughout the week, including canoeing, bicycling and an island-wide motorcycle ride to experience the culture of Hawaii and build camaraderie.

"We are a network provider. We enable warfighters on the front lines to complete their mission, and to do that, we have to make sure we provide the right services at the right time to the right team," said Thoms. "But also, more importantly, for the long term growth and success of the theater, we have to train our young leaders."

#### **Pacific Pathways**

The events concluded with the 2016 Pacific Signal Ball at the Hilton Hawaiian Village in Waikiki, Sept. 16.

The 311th supported USARPAC's Pacific Pathways campaign by providing help desk support and tactical satellite communication platforms for joint and combined military exercises throughout the year.

The command's core mission is to maintain and defend the Pacific LandWar Net by providing a robust and secure network for our warfighters in the Pacific.

The team accomplished that through exercises, including Cobra Gold in Thailand, Key Resolve and Ulchi Freedom Guardian in South Korea, Balikatan in the Philippines, and Yama Sakura and Keen Edge in Japan.

### USACE-HD responsible for design, construction, more

DINO W. BUCHANAN

U.S. Army Corps of Engineers-Honolulu District Public Affairs

FORT SHAFTER — During 2016, highly motivated U.S. Army Corps of Engineers-Honolulu District staff supported military construction at Hawaii Army posts and throughout the Pacific region, awarding more than 520 contract actions totaling \$220,443,332, including \$127.2 million for small businesses.

The District continued to work on several key Army projects, including the U.S. Army-Pacific Mission Command Facility and the renovation of historic Bldg. 112 on Palm Circle at Fort Shafter, as well as the Combat Aviation Brigade's Phase 1 and Phase 2 projects at Wheeler Army Airfield and the Quad B renovations at Schofield Barracks.

Significant contract awards in fiscal year 2016 included \$54.8 million for the Echo Pier Restoration at U.S. Army Kwajalein Atoll; \$26 million for a Schofield Barracks Health Clinic parking structure; \$24.1 million to repair Bldg. 155 in Quad B, Schofield Barracks; \$22.4 million to repair Bldg. 449, Quad D, Schofield Barracks; \$16 million for the Pohakuloa Training Area, Hawaii, sewer repair; \$6 million for the repair of Bldg. 556 at Schofield Barracks; and \$3.99 million for the American Battle Monuments Commission Courts of the Missing Stone Replacement (Phase 1) at the National Memorial Cemetery of the Pacific at Punchbowl.

Honolulu District's Real Estate branch



Photo by Dino W. Buchanan, Honolulu District Public Affairs

WHEELER ARMY AIRFIELD — U.S. Army Garrison-Hawaii Commander Col. Stephen E. Dawson (center) listens as USACE-Honolulu District engineers brief the construction layout of the Combat Aviation Brigade Phase 2 project during an October site visit.

generated the land lease documentation for Hawaiian Electric's new 50-megawatt bio-fuel power plant that will be constructed on approximately 8 acres of land at Schofield Barracks. The energy generated by the plant will feed into the island's electric grid and serve all customers on

In the event of an emergency, the plant will be able to isolate itself to Army bases, if necessary, to provide reliable power to the Army's facilities in Central Oahu, including Schofield Barracks, Wheeler Army Airfield and Field Station Kunia.

The Schofield plant will strengthen the Oahu grid and make it better prepared for emergencies. It will be the only power plant on the island located inland, away from the coastal impacts of storms or tsunami, and will be well protected on a secure Army base.

The District also completed more than 20 outreach events for formerly used defense sites (FUDS) and regulatory programs to inform over 4,500 stakehold-

ers and/or members of our communities on the programs, processes and safety considerations. It also sponsored two Wounded Warrior interns, enabling them to build job skills while they transitioned from the military to civilian workforce.

Honolulu District Emergency Manage-

The USARPAC Mission Command Facility project, which the Corps is building for USARPAC, will consolidate USARPAC Headquarters into one facility that will support Mission Command of Army or joint forces across the Asia-Pacific area of operations. ment teams were prepositioned several times during the 2016 hurricane season as five tropical storms/hurricanes passed Hawaii while transiting onward into the western Pacific region. The District's emergency response teams mobilized in preparation of the arrival for the storms. The District's Civil Works branch coordinated the maintenance dredging of five Hawaii boat harbors in April by USACE's hopper dredge.

Throughout the year Honolulu District hosted numerous senior leader visits to District project sites. The District's Regulatory Office continued to make significant efforts in improving coordination and collaboration with interagency and interservice partners throughout the Pacific by creating and completing 32 jurisdictional determinations and issuing eight public notices.

Honolulu District is responsible for major military design and construction, civil works, international and interagency support, real estate services to the Army and Air Force, regulatory work, environmental services and emergency management.

District contract actions signify the Corps' commitment to provide high-quality facilities to the armed forces and to protect and improve the lives of the people of Hawaii and the region.



Honolulu District File photo

A-10 | DECEMBER 23, 2016 HAWAII ARMY WEEKLY



#### 23 / Friday

Text Aloha — Are you feeling lonely? Angry? Just need to talk to someone?

€ all 1-800-273-TALK or 1-800-273-8255,or

T ext "Aloha" to 741741, or

V isit crisistextline.org, or

V isit https://mail.google. com/mail/u/0/#inbox/158e4b 3144359e0e?projector=1.

Someone is always available to help you!

#### 24 / Saturday

Post Offices — Eleven post offices in Hawaii will be closing their retail lobbies earlier than usual on Christmas Eve, Saturday, Dec. 24. Those facilities, and their Christmas Eve closing times follow:

Al a Moana closes at 2 p.m. B arbers Point, Kaneohe, Kapaa, Kapolei, Kihei, Main Office-HNL airport, Makiki, Mililani, Waialae Kahala and Waipahu all close at noon.

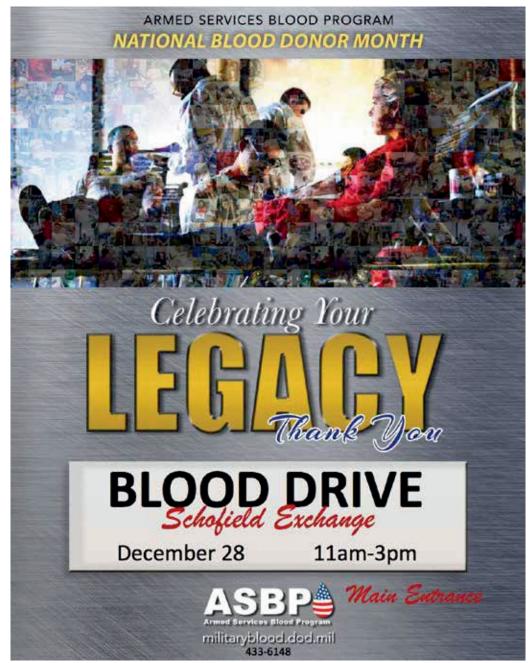
other Post Offices across the state will maintain their normal Saturday hours of operation.

Mail delivery to homes, businesses and P.O. Boxes will not be affected by these retail operation changes. Revised hours will be posted at each affected post office. € ommercial customers are

asked to check with their Bulk Mail Entry Units for specific information regarding their holiday hours of operation.

All Post Offices will be closed Dec. 25 and 26, and will reopen and resume regular operations on Dec. 27.

Post Offices All will maintain their normal hours of operation on New Year's Eve, Saturday, Dec. 31. Post offices will be closed Jan. 1 and 2, and will reopen and resume regular operations on Jan. 3.



SCHOFIELD BARRACKS — Donors are encouraged to support the Blood Drive at the main entrance of the Schofield Barracks Post Exchange, next Wednesday, Dec. 28, between 11 a.m. to 3 p.m. A free T-shirt will be provided with every donation. All donations made will directly support Tripler Army Medical Center, deployed service members, military missions and families. A few basic requirements must be met in order to donate blood to the Armed Services Blood Program (ASBP):

- Have not donated blood previously within the last eight weeks. • Weigh at least 110 pounds.
- Have been feeling well for at least three days prior to donating. • Be well hydrated and have eaten something prior to donating.
- Have picture ID and know when/where you have traveled.
- Be able to list the types of medications currently being taken.

25 / Sunday

USAHC-SB — The Acute Care Clinic at U.S. Army Health Clinic, Schofield Barracks, will be closed on Dec. 25 and Jan. 1, 2017. Also, the entire USAHC-SB will be closed on Dec. 26 and

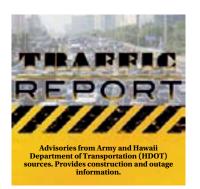
Jan. 2, 2017. Other news follows: Construction of the parking

lot has been delayed due to rain. •The Army Wellness Center is offering a Retire Strong Class for anyone approaching retirement

who wants to maintain an

active lifestyle. Call 655-1866 to

•Did you know that the Army Wellness Center offers free body composition testing with BodPod? Come by Bldg. 647, or call 655-1866 to schedule a test.



#### 23 / Friday

Macomb Gate Closure — Per the Directorate of Emergency Services, Macomb Gate, Schofield Barracks, will be closed through Jan. 2, 2017.

•Please use McNair Gate or Lyman Gate for 24/7 access to the installation, or use Foote Gate for access between 5 a.m. to 9 p.m., daily.

•Call the Schofield Barracks Police Station, 655-555, if you have questions or concerns.

#### 24 / Saturday

**Lanikai** — The City and County of Honolulu will restrict parking in Lanikai for the Dec. 24 Christmas holiday weekend in its continuing effort to balance public access to nearby beaches with public safety for the community.

Motorists are cautioned in advance that parking will be restricted in Lanikai over a threeday period. Special enforcement district restrictions are in effect for Saturday-Monday, Dec. 24-26. No parking on all Lanikai streets/shoulders from 10 a.m. to 3 p.m.

Those wishing to access Lanikai beach and/or the Lanikai Pillboxes Trail over the three-day Christmas holiday weekend may walk, bike, take TheBus Route 70 Lanikai Shuttle, or get dropped off in Lanikai. For more details, visit TheBus.org or call 848-5555.

Ongoing

Lyman & Flagler — There will be traffic modifications at this intersection in order to widen Lyman Road, add a dedicated left turn lane, and add traffic and pedestrian signals to the intersection.

There will be alternating lane closures on Lyman/Flagler through Dec. 28.

### 25TH ID: The **Division looks** back on 2016

#### **CONTINUED FROM A-5**

Yama Sakura and Lightning Forge. Tropic Thunder Soldiers aim to set the standard across the Army with world-class artillery support.

By the same token, 2nd and 3rd BCTs deployed in support of Pacific Pathways exercises in order to capitalize on training opportunities. This addressed requests from allies and partners for increased bilateral training, increasing the complexity of exercises and exchange opportunities.

The Bronco Brigade participated in exercise Orient Shield 16 with Japan Ground Self-Defense Forces at Aibano Training Area, Japan. Troops from JGSDF



Photo by Sgt. Daniel K. Johnson, 25th Combat Aviation Brigade Public Affairs SCHOFIELD BARRACKS — A crew from 3rd Bn., 25th Avn. Regt., 25th Combat Avn. Bde., pilots a CH-47 Chinook and sling-loads a howitzer artillery gun for a live fire training operation, here, Sept. 16.

and the Wolfhounds trained together during various combat scenarios solidifying a relationship, which will support both parties strategically.

Additionally, 3rd BCT conducted a capabilities exercise led by the 2nd Battalion, 35th Inf. Regt., 3rd BCT, at the Battle Area Complex. More than 200 Soldiers performed before 450 spectators during the exercise to conclude the annual Tropic Lightning Week held in the beginning of October.

"The CAPEX really brings in a company task force," said Lt. Col. John E. Hill, commander, 2nd Bn., 35th Inf. Regt., 3BCT. "Typically, a lot of our training is done with the enablers that the battalion can provide. However, during the capabilities exercise we bring in aviation, artillery, and we bring in engineer assists."

The 2nd BCT completed a turn-in of more than 300 M1126 Stryker Combat Vehicles as it transforms from a Stryker to a light Infantry Brigade Combat Team. During this transformation, the 2nd BCT continued to support the local communities with a beach cleanup, numerous parades and special events with sponsored

The Tropic Lightning Division has made significant enhancements in its capabilities greatly increasing combat readiness.



599th Transportation Brigade and partners conduct port operations on the M/V Ocean Glory at Pearl Harbor on June 1.

### 599th Trans. provides Pacific transportation

Story and photo by **DONNA KLAPAKIS** 

 $599 th\ Transportation\ Brigade\ Public\ Affairs$ 

WHEELER ARMY AIRFIELD — The 599th Transportation Brigade, its battalions and partners worked as a team throughout 2016 to book and provide surface transportation for all military units throughout the Pacific.

From Jan. 1-Dec. 1, the 599th and its subordinate battalions throughout the Pacific imported 24,551,696 pieces of cargo totaling 361,362 tons and exported 508,156 pieces, totaling 122,547 tons, according to Christopher Heiby of Surface Deployment and Distribution Command, or SDDC.

Total imported and exported cargo equals about 69 Aloha Stadiums weighing in at 14 million pounds.

"This has been a very exciting year for the brigade," said Col. James Smith, 599th commander. "We have taken our collective training focus to new heights. We've strengthened partnerships, closed many gaps and seams, and we are absolutely positioned to provide the best transportation services to the geographic combatant commander."

The brigade's first operation of 2016 began as cargo and equipment moved from Pearl Harbor en route to Okinawa and later to Busan, South Korea, in support of Pacific Pathways 16-1, which combined exercises Key Resolve, Foal

Eagle, Cobra Gold and Balikatan.

With help from the 599th's subordinate battalions, the 836th and 837th Trans. Battalions, and Fleet Logistics Center (FLC), Pearl Harbor, the USNS Maj. S.W. Pless departed Pearl Harbor on Jan. 6 in support of Pacific Pathways 16-1.

In January, the 599th also hosted key leaders from the 1394th Reserve Trans. Bde. at Camp Pendleton, California. The two brigades made plans for later combined operations under the total force integration concept.

"We have planned multiple engagements over the next year that will build readiness, exercise our deployment, reception and integration functions, and provide opportunities to evaluate our training objectives," said Smith.

Although initial meetings exceeded expectations, in January the two units were not yet at a point at which they could begin integrated operations.

During February, every year, the 599th sends active and reserve personnel to South Korea for its springtime computerassisted exercise Key Resolve. This year the brigade stood up Combined Seaport Coordination Center in Busan, South Korea, and Japan Seaport Coordination Center in Yokohama North Dock, Japan. Brigade headquarters Command Operations Center also participated, and a member of the brigade acted as SDDC representative in Seoul.

Beginning mid-March and running through mid-July, the 599th Trans. Bde. shipped 28 Stryker vehicles a week from the Port of Honolulu to the Pacific Northwest in support of 2nd Brigade Combat Team, 25th Infantry Division's conversion to light infantry.

The vehicles were loaded on special racks at Schofield Barracks' East Range and transported to the Matson terminal for shipping. In all, 320 vehicles were shipped.

"The Stryker Brigade Combat Team reset brought together key logistics players from 25th Infantry Division, SDDC, and Army Materiel Command for coordinated movement of 320 Stryker vehicles via Matson Navigation, which provided seamless door-to-door transportation," said John Fisher, Pacific Sealift Management Office chief.

In April, brigade headquarters conducted several moves. From April 8-11, the unit supported the 25th Combat Aviation Brigade deployment to the National Training Center.

On April 20, the 599th team acted as single port manager for the 523rd Engineer Co.'s South Korea rotation. On April 22, the brigade provided oversight for 2nd Squadron, 6th Cavalry Regiment, 25th CAB, re-stationing during concurrent offloading operations for Apache helicopters and support equipment from the Port of Honolulu.

The brigade also maintained training for its personnel during the spring.

During April and May, the headquarters conducted stow-planning and cargo documentation courses at Pearl Harbor for personnel across the brigade and FLC.

At the Rim of the Pacific exercise in July, a member of the brigade was able to facilitate movement of foreign military sales cargo to New Zealand on board a New Zealand Navy frigate that was here for the exercise. Before coming up with this solution, the cargo had been frustrated on the mainland for several months.

From Aug. 12 to Sept. 2, the brigade active and reserve components once again stood up the Combined Seaport Coordination Center and Japan Seaport Coordination Center in support of exercise Ulchi Freedom Guardian.

During December, the total force integration planning a unit had begun in January paid off, as elements of the 1394th Trans. Bde. worked with the 599th during staging operations.

The 599th Trans. Bde. is SDDC's arm in the Pacific. The brigade is headquartered on Wheeler. With battalions on Okinawa, mainland Japan and Korea, and detachments in Singapore and Guam, it is strategically located to cover all surface movement within the Pacific area of operations.

# RHC-P: Cmd gives medical support

CONTINUED FROM A-6

capability, increase capacity and generate readiness for service members through a variety of activities.

Throughout the past year, RHC-P leaders hosted distinguished military members from Bangladesh, China, Japan, Mongolia and Vietnam, conducting senior leader engagements in partner nations throughout the region. These engagements allowed each nation to review what has been conducted in the past and inform what should be done in the future.

Regional members also conducted various subject matter expert exchanges in Bangladesh, Cambodia, China, Indonesia, Marshall Islands, Mongolia, Nepal, Palau, the Philippines, Singapore, Sri Lanka and Vietnam. Through these exchanges, each nation shared best practices and increased the ability to work together side by side on a variety of missions in the future.

Medical support was provided by RHC-P service members and units to both U.S. participants and in support of partner nations during major regional exercises such as Pacific Pathways, Ulchi Freedom Guardian, Rim of the Pacific, Key Resolve, Keen Edge/Keen Sword, Yama Sakura, Pacific Partnership, Pacific Angel, Balikatan, Cobra Gold and Humanitarian Mine Action Program.

Members also participated in humanitarian assistance and disaster relief programs with Bangladesh, China, Indonesia, Japan, Laos, Mongolia, Nepal, the Philippines, Samoa and Sri Lanka. Humanitarian Mine Action and Joint POW/MIA Accounting Command missions

were supported by RHC-P personnel this past year to not only assist mine victims, but support the families of those service members who made the ultimate sacrifice and are still waiting to be reconnected with their loved ones.

RHC-P providers assisted various Ministries of Health and the civilian populations they support by providing a variety of medical services, such as fistula repair and otolaryngology and urology surgeries in Bangladesh and Palau.

The combined global health engagement efforts conducted by RHC-P during 2016 directly supported national and regional security and stability by improving partnerships, advancing U.S. national priorities, enhancing health care and public health systems, while reducing the potentially destabilizing impact of infectious disease outbreaks and natural disasters.

In August, the Army Surgeon General and MEDCOM Commanding General Lt.

Gen. Nadja West and Command Sgt. Maj. Gerald C. Ecker, senior enlisted adviser, MEDCOM, came to the region to see the work RHC-P members were doing first-hand. This visit allowed West an opportunity to engage with Army Medicine team members in her initial command visit to the region.

West said it was a great opportunity to "get feedback from across all levels on how Army Medicine in the Pacific is furthering readiness, as well as identifying the regional health command's leading practices."

2016 was indeed a year full of transformation – transformation of a team, and the transformation of lives through military medicine care and partnerships. RHC-P leaders look forward to the coming year, where the command will continue medical readiness and diplomacy in the Indo-Asia-Pacific region.

Na Koa Imua – Warriors Go Forth!

www.hawaiiarmyweekly.com

# Snow, Foolin'

# Winter Wonderland an annual holiday hit

December 23, 2016

STory and photos by KAREN A. IWAMOTO Staff Writer

ALIAMANU MILITARY RESERVATION — Families dreaming of a white Christmas in Hawaii converged at the community center, here, for the annual Winter Wonderland event put together by the Directorate of Family and Morale, Welfare and Recreation, or DFMWR.

The fun began at 8 a.m. on Dec. 17 with Breakfast with Santa, where keiki had their pictures taken with St. Nick, the Grinch and characters from the Disney movie "Frozen," while enjoying a hot breakfast with their families.

Afterward, they got to play games, have their face painted, decorate their own Christmas ornaments and make their own greeting cards.

#### Snow zone

But the big draw, as usual, was the snow.

FMWR transformed a portion of the Aliamanu Community Center's parking lot into a snow zone where those ages 7 and up could build snowmen, snow castles or just enjoy stomping through it while their parents and younger siblings watched from the sidelines.

For some of the youngest children in attendance, it would be their first experience with snow. Even parents for whom it was nothing new were nevertheless enthusiastic to share in their kids' excite-

Spc. Justin Donnellan of the 25th Team, said he grew up in Virginia and remembers holidays filled with lots of

"I remember falling down and rolling around in the snow," he said, "and gathering all the snow to make a really, really big snowmen. I think it's awesome that my son - he's 5 - gets to play in the snow, and my daughter, she's only 17 months old, and this is the first time she's seen

Donnellan; his wife, Nicole; their son, Aisen, who was born in Texas; and his daughter, Aspen, who was born here in Hawaii, were among the crowd that had gathered in the parking lot to await the snow delivery.

Army spouse Amy Abramski brought her 2-year-old daughter Malia to play in the snow. She and Navy spouse April Hernandez took pictures as Malia and Hernandez's 2-year-old daughter Chloe scooped up bucketfuls of snow.

This is the main reason we came," Abramski admitted.

Others divided their time between the snow zone, the Hali Hali rides - the mechanical stuffed animals made to be ridden by children between 3 and 9 years old - and hula and musical performances by participants in FMWR's School for Knowledge, Inspiration, Exploration and Skills, called SKIES Unlimited.

The festivities wrapped up with a dance and a performance by magician Mark Mauricio of the "Magic in Paradise Show" at the Hale Koa Hotel, whose mixture of illusions and humor kept his young audience entertained.



FMWR volunteers and eager children watch as snow is delivered to the Winter Wonderland event at Aliamanu Community Center on Dec. 17.





Briarleigh Kavanagh, 4, paints an ornament at one of the arts and craft booths at FMWR's Winter Wonderland event.



Families crowded the snow zone area of FMWR's 2016 Winter Wonderland event on Dec. 17. They enjoyed the quickly-melting fluffy stuff while it lasted.



#### **Briefs**

23 / Friday

**Youth Center Winter Camps** – From Dec. 22-Jan. 6, camps will run Monday-Friday, from 7 a.m.-1 p.m. Open recreation is offered Monday-Thursday from 1-8 p.m.; Friday from 1-10 p.m.; and Saturday from noon-8 p.m. Call 833-0920, 655-0451 or 438-1487.

**School Age Winter Cruise** - Each center will be offering a Winter Cruise Camp, Dec. 22-Jan. 6, 2017. Features daily field trips, Monday-Friday, from 5:15 a.m.-6 p.m. Call 655-5314 or 833-5393 or contact your child's School Age Center for more information.

FS Hale Ikena — The FS facility is closed for the holidays. Reopens Jan. 3, 2017.

Winter School Break -All public schools are closed through Jan. 6, 2017. Call 655-

**DIY Christmas Tree Mak**ing — SB ACS holds this EFMP family event from 10 a.m.-noon. Reservations are required. Call 655-4227.

#### 25 / Sunday

Christmas Day — All FMWR operations are closed except the golf courses, kennels and SB Tropics.

NFL Sunday Ticket at **Tropics** — Special Christmas Sunday hours at SB Tropics Recreation Center are 11 a.m.-5 p.m. to watch your favorite teams go head to head. Call 655-5698.

#### 28 / Wednesday

**Teen Manga Club** — Discuss popular manga and anime titles at SB Sgt. Yano Library. This month's theme will be "Accessories for Cosplay." Begins at 3:30 p.m. Call 655-8002.

Play Mornings at ACS — Meet other moms and dads, share information and parenting tips, and give your infant/ toddler a chance to interact with other children at SB ACS

# Hawai'i, Middle Tennessee meet Saturday at the 2016 Hawai'i Bowl

HAWAI'I BOWL Press Release

HONOLULU — Middle Tennessee State University and the University of Hawai'i will meet in the 2016 Hawai'i Bowl, 3 p.m., Saturday, Christmas Eve, at Aloha Stadium.

The Blue Raiders will make their 10th all-time bowl appearance. MT finished third in C-USA's East Division and will play in a bowl game for the second consecutive season and third in the last four years.

Hawai'i will make its seventh appearance in the 15th annual bowl game and first since 2010. In 10 all-time bowl appearances, UH owns a 5-5 record, including a 3-3 mark in the Hawai'i Bowl.

The Rainbow Warriors, runner-up in the MW's West Division, are coached by Nick Rolovich, who in just his first season turned around a program that went 3-10 a year ago.

"I can't tell you how proud I am of this team and especially these seniors who'll be able to say they played in a bowl game," Rolovich said. "We're thankful for this opportunity to showcase our program and our university on a national stage against a very good Middle Tennessee team who we have great respect for. I know our players are proud to represent the Mountain West and will look forward to the challenge to end the season on a winning note."

UH won its final two games of the regular season including a 46-40 victory over UMass in the finale to reach six wins. The



Photos courtesy of University of Hawaii Athletics

The University of Hawai'i Rainbow Warriors take the field one more time this season when they meet Middle Tennessee University at the Hawai'i Bowl, Saturday. Kickoff at Aloha Stadium for the nationally televised game is 3 p.m.



Aloha Stadium is the site for the 15th annual Hawai'i Bowl, Saturday, Christmas Eve. Tickets are still available.

Warriors return to the Hawai'i Bowl where they appeared in six of the first nine games, having scored 40 or more points in their three wins.

Game access

Fans can avoid long lines at the Box Office by purchasing

tickets online at www.Hawai iAthletics.com or by phone 808-944-2697 before arriving at the game.

Public parking for Upper and Lower Halawa Parking Lots will have access through Parking Gate 3 (Halawa) & Parking Gate 4 (Lower Salt



Middle Tennessee State **University Blue Raiders takes** on Hawai'i, Saturday.

Lake), opening at 10 a.m. Parking rates are \$7 per car, \$30 per bus/limousine. Aloha Stadium Swap Meet & Marketplace will be closed on Saturday, Dec. 24 and Sunday, Dec. 25.

from 10-11 a.m. Call 655-4227.

30 / Friday

Softball — The holiday softball Midnight Madness entry deadline is today. Call 655-9914.

**New Year's Eve Pre-Party** — Join SB Tropics at 7 p.m. for a live DJ, games and specialty beverages. Must be 18 years or older. Call 655-5698.

Right Arm Night — Bring your battle buddies to SB Nehelani from 5-7 p.m. and enjoy food, fun and entertainment. Open to all ranks, DoD civilians and spouses. Call 655-4466.

### **Ongoing**

**Youth Sports and Fitness** Free Homeschool PE -Classes are underway for the new school year. Youth Sports provides homeschool fitness activities, such as basketball, croquette and flag football.

FMWR also provides activities, such as 4-H, Health Rocks and hiking. These programs are free to our military homeschool community. Children must be registered with CYS Services.

Call 655-6465.

SKIES Dance Classes — Participate in dance at SKIES Unlimited AMR and SB studios. The SKIES Dance program offers a variety of dance classes, including rhythm in motion for 2 year olds; beginner/ intermediate dance combo for ballet and tap, for 3-5 and 6-9 year olds; hip-hop; and ballroom dancing. Call 655-

**SKIES Unlimited Hula** Classes — SB and AMR host hula classes for \$35/month. Call

655-9818 for class availability or log onto the www.himwr.com for more details.

**SKIES Unlimited School** of Art — Has your child always wanted to learn to play the guitar, drums or keyboard? Open to CYS Services registered children ages 7-18 at \$55/ month. Call 655-9818.

8-Ball Pool Tournament — Join SB Tropics every Thursday at 6 p.m. for a 9-ball single elimination and sudden death tournament at SB Tropics. Call 655-5698.

Service members interested

in Jewish Bible study or keiki

School) may call 348-4560 or

City and County of Honolulu

satellite vehicle registration

Harbor-Hickam is open for

business, 9 a.m.-4:30 p.m.,

Tuesdays and Thursdays, at 915

North Road, Bldg. 1314, in the

The service is open to all

military personnel, their family

members and civilians from all

military posts with base access.

office at Joint Base Pearl

Club Pearl Complex.

visit www.chabadofhawaii.com.

Vehicle Registration — The

Hebrew School (Sunday

Hotel. Call 735-8161.

### community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

#### 23 / Friday

Hui 'O Na Wahine — The Hui is celebrating its 85th year! The 2016-2017 Hui 'O Na Wahine Spouses Club scholarship application is now active. Applicants must be a Hui member by the end of December 2016. Scholarship and membership applications are available at www.schofieldspous esclub.com.

The deadline for application and all reference letters is Feb. 10, 2017. For more details or questions, email Huipresident@ gmail.com or huischolarship chair@gmail.com.

Honolulu City Lights — Annual holiday festival of displays and events continues daily from 8 a.m.-11 p.m., through Jan. 1, 2017, downtown at Honolulu Hale (city hall) and the surrounding campus area. Free photos with Santa, 7-9 p.m., on Dec. 23.

Honolulu City Lights Trol**ley Tour** — Enjoy the lights, daily, 6:30-9 p.m., through Dec.

**Calendar abbreviations** 

tion

30 (except Dec. 24-25). Costs \$7.75 and benefits the Hawaii Foodbank. Call 591-8411 or visitwardvillage.com/trolley or holidaylightstour. com. Children under 3 ride free.

#### NMFA Scholar-

ship — Applications for National Military Family Association spouse scholarships, career/ training/licensure funding, spouse-owned business funding, and more, are now available. Awards range from \$500 to \$2,500. Apply now through

> Jan.15, 2017, at www.mil itaryfamily.org or http:// www.militaryfamily.org/ spouses-scholarships/ scholarships.html.

"Christmas Carol, The Mu**sical**" — Performances staged weekends throughout December at Diamond Head Theatre, 520 Makapuu Ave. Tickets are \$15-\$35. Call 733-0274 or visit diamonheadtheatre.com.

Ward Village Ice Rink — Skate with Santa on this outdoor ice skating rink for \$16 for 90 minutes. Daily skating continues through Jan. 16, 2017. Visit wardvil lage.com/icerink.com.

Sandsational Snowmen -View holiday sand sculptures at Sheraton Waikiki through early

ASYMCA: Armed Services YMCA

2017 showing snowmen with surfboards and Santa serving cocktails to snowmen. Visit Sheraton-waikiki.com.

**Hawaiian Humane Society** — Home for the Holiday adopt a pet program, Dec. 23-24, features adoption special of \$12, and for an additional \$100, Santa's elves will make a special delivery of adopted pets on Christmas morning between 8 a.m. and noon. Call 356-2218 or visit hawaiianhumane.org/holi daydelivery.

#### 24 / Saturday

**Hiking** — The Kolekole Walking-Hiking Trail on Schofield Barracks is not open this weekend, Saturday and Sunday.

#### 25 / Sunday

Single Soldiers/Geographic Bachelors — You, especially, are invited to the Aloha Christmas Breakfast at Wheeler Chapel, Dec. 25, from 9 to 11 a.m. Come enjoy homecooked breakfast hosted by the Wings Worship Congregation, your unit chaplains and community volunteers. For more details, contact your unit chaplain or

#### 30 / Friday

Hanukkah — Festival of

p.m. with dinner and Shabbat service with menorah lighting at 7:30 p.m.; dessert will follow. Location is 2550 Pali Hwy. Donations welcome. Call 595-7521 or visit shaloha.com.

#### 31 / Saturday

Paws on the Path Hiking Club — Join other pet owners as they hit trails around Oahu. The club meets the last Saturday of every month to hike together. The group meets at 8:30 a.m. to begin the hike at 8:45 a.m.

Bring water for you and your pet, your cell phone and check the Hawaiian Humane Society's website for any updates on weather cancellations.

The club repeats every month from April through the last Saturday, Dec. 31. For more details, visit www. hawaiianhumane.org.

#### **Ongoing**

Jewish Services — Weekly worship services are 7:30 p.m. Fridays, at Aloha Jewish Chapel, Joint Base Pearl Harbor-Hickam. No Saturday morning services or Monday Bible studies are offered at JBPHH.

Saturday services are available at the Ala Moana

Arrival (PG-13)

Friday, Dec. 23, 7 p.m.

(Closed Saturday through Thursday.)

### at (803) 605-2388.

Chaplain (Maj.) Mike Turpin

Lights and dinner begins at 6

FMWR: Family and Morale, Welfare

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center

USARPAC: U.S. Army-Pacific WAAF: Wheeler Army Airfield

#### 8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division Co.: Company

ACS: Army Community Service CYSS: Child, Youth and School AFAP: Army Family Action Plan Services AFTB: Army Family Team Building AMR: Aliamanu Military Reserva-Program

BCT: Brigade Combat Team BSB: Brigade Support Battalion EFMP: Exceptional Family Member FCC: Family Child Care

and Recreation FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center SB: Schofield Barracks

USAG-HI: U.S. Army Garrison-Hawaii

### Holiday schedule changes posted by city and state

#### Refuse won't be collected Monday

CITY AND COUNTY OF HONOLULU

HONOLULU - City and County of Honolulu services that are usually available on a state and federal holiday will be provided on Monday, Dec. 26 except for refuse collection.

The designated state and federal holiday will be observed on Monday, Dec. 26, because Christmas Day falls on a Sunday

City and County of Honolulu government offices and services available on Sunday, Dec. 25,

and Monday, Dec. 26, in observance of Christmas Day, a state and federal holiday, will be as

### Christmas Day, Sunday,

•Emergency ambulance, fire, lifeguard, medical examiner and police services will be available.

TheBus will operate on a

Sunday schedule. For route and schedule information, visit www.thebus.org. •Refuse transfer stations,

convenience centers, H-POWER and the Waimanalo Gulch Sanitary Landfill will be closed.

•The Pali and West Loch golf courses will be open from 7-11 a.m. for 18-hole play and 11

a.m.-1 p.m. for 9-hole play.

•The Ala Wai, Kahuku, Ted Makalena and Ewa Villages golf courses will be closed.

•The Honolulu Botanical Gardens and Honolulu Zoo will be closed.

•The People's Open Markets will not be held.

#### **Christmas Day (Observed)** Monday, Dec. 26

 Emergency ambulance, fire, lifeguard, medical examiner and police services will be available.

•TheBus will operate on a Sunday schedule. For route and schedule information, visit www.thebus.org.

•Refuse will not be collected.

•Residents using the 3-cart collection system, with oncea-week refuse and recycling pickup, are asked to leave gray-refuse carts curbside until picked up (usually within two business days). Hold green and blue carts until the next scheduled pickup date.

•Residents with twice-perweek manual refuse collection are asked to wait for the next scheduled pick up date. Pickup schedules can be found by going to Opala.org at the following link: http://bit.ly/2hPSLfn.

•Refuse transfer stations, convenience centers, H-POWER and the Waimanalo Gulch Sanitary Landfill will be open.

Parks, municipal golf

courses, botanical gardens and the Honolulu Zoo will be open.

•The Neal S. Blaisdell Center box office will be closed.

•The People's Open Markets will be open.

•All Satellite City Halls and Driver Licensing Centers will be closed.

#### Traffic and parking

The following traffic and parking regulations will be in

•On-street parking will be free, except for the meters on Kalakaua Avenue along Queen Kapi'olani Park and metered parking lots.

•Traffic lanes will not be coned for contraflow.

## Holidays should strengthen our sense of community

CHAPLAIN (MAJ.) SCOTT KENNAUGH 3rd Infantry Brigade Combat Team

25th Infantry Division SCHOFIELD BARRACKS — With the holiday seasons upon us, our thoughts turn to family, and relationships and community.

In many ways, these are the most important parts of our lives, but that doesn't make them the easiest part of our lives.

Yet, we are made to be with each other in community, rather than pressing ahead alone through life, so it's worth taking a moment to think about how relationships work best together.

#### Not alone

One simple step is to keep in mind that none of us are complete by ourselves, and we need the skills and abilities of others to help fill in the gaps in our



Kennaugh

I was trying to make plans with a friend, recently, to schedule a farewell event at the chapel. He said we needed to change the date because he had not consulted with Household-6 beforehand - which is Army speak for the "Commander" at home.

This was a simple scheduling tangle that made me realize God's wisdom in giving us guys good wives.

My mind flashed to the Bible account of creation, where it says God made Eve to be a "suitable helper" for Adam. With my imagination filling between the lines, I could see God looking down at Adam, all by himself in the garden, and thinking, "This guy is never going to

### Footsteps in Faith

figure all this out for himself."

#### Humility

It takes some humility to admit that we need other people, but that's part of the strength of life in community. It goes both directions when we are living well together: Other people support us, and we contribute to the satisfaction and joy of others with whom we share life together.

We are all busy, hard pressed in many directions, frazzled by the speed of "fun" events during these holidays. But for some perspective, even now, take a slow breath and think of two people you appreciate who have supported you this

Do you take them as acts you deserved, or with gratitude as blessings? Now a second pause: Think of two

people you have supported this week, who appreciate your goodness to them. Was it out of compulsion or charity that you contributed in those relationships?

We are told that we should think of others more highly than we think of ourselves. This is the oil that smooths our relationships, that makes life together in community flow, that eases the pressure and heat of "the grind," even in the holidays, as we give and receive grace with each other.

Better than gifts wrapped in ribbon, this holiday season the more meaningful gifts to give are appreciation for others who complete you, and the generous acts you give for others to appreciate.

(Editor's note: Kennaugh is the brigade chaplain for 3IBCT.)

#### **Holiday Worship**

#### **Catholic Worship Services**

Dec. 24, 5 p.m., Christmas Family Mass, AMR & MPC

Dec. 24 6 p.m., Christmas Eve Protestant Service, HMR

Dec. 25, 8:30 a.m., Christmas Day Mass,

Dec. 25, 10:30 a.m., Christmas Day

#### Mass, MPC

Dec. 31, 5 p.m., Feast of Mary, Mother

Jan. 1, 8:30 a.m., New Year's Day Mass,

Jan. 1, 10:30 a.m., New Year's Day Mass,

#### **Jewish Worship Service**

AMR: Aliamanu Chapel

HMR: Helemano Chapel

Pearl Harbor

Chapel

**Buddhist Services** 

Fort DeRussy Chapel

Main Post Chapel,

Schofield Barracks

Soldiers' Chapel,

Schofield Barracks

• First Sunday, 1 p.m. at FD

TAMC: Tripler Army Medical Center

WAAF: Wheeler Army Airfield Chapel

Aloha Jewish Chapel,

Dec. 29, 6 p.m., Chanukkah/Hanukkah Menorah Lighting, MPC

#### Protestant/Gospel Worship Services

Dec. 24, 6:30 p.m., Christmas Eve

Service, MPC Dec. 25, 5 p.m., Christmas Eve Service,

Dec. 25, 7 p.m., Christmas Eve Service,

AMR & SC

Dec. 25, 9:27 a.m., Christmas Day Service, SC

Dec. 25, 10 a.m., Christmas Day Service,

Dec. 25, 10:30 a.m., Christmas Day Service, AMR

Dec. 25, 11 a.m., Christmas Day Service, WAAF Dec. 25, noon, Christmas Day Service,

MPC Dec. 25, 12:30 p.m., Christmas Day

Service, AMR

Dec. 31, 10 p.m., New Year's Eve Service, MPC



Additional religious services, children's programs, educational services and contact information can be found at

www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

of God, WAAF

#### • Last Wednesday, 6 p.m. at MPC

#### **Catholic Mass**

· Monday, Tuesday, Thursday and

Friday, 11:45 a.m. at Soldiers' Chapel • Tuesday, 7 p.m. at AMR

• Wednesday 11:45 and 5 p.m. at MPC

• Thursday, 9 a.m. at AMR

• Saturday, 5 p.m. at WAAF

• Sunday services:

- 8:30 a.m. at AMR - 10:30 a.m. at MPC

**Gospel Worship** • Sunday, noon. at MPC

#### • Sunday, 12:30 p.m. at AMR Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

#### **Protestant Worship**

(Call 473-3971)

Sunday Services

-9 a.m. at MPC -9 a.m. at FD

-10 a.m. at HMR and WAAF -10:30 a.m. at AMR

-11 a.m. at WAAF (Contemporary)

#### Liturgical (Lutheran/Anglican)

#### • Sunday, 9:27 a.m. at SC

## Holiday thanks offer reminders of deployments, sacrifice

#### No problems being misty and mindful under the mistletoe

I'll admit it; I'm a sap, a spineless, simpering, softhearted, sentimental fool.

I'm one of those people who tears up at the slightest little things: a tidbit of news, an earnest child, the national anthem playing in the distance, a touching television commercial.

And when the holidays roll around, I'm schmaltzier than ever.

#### Family concerns

The kids are mortified with embarrassment, and Francis thinks I need to get my hormones checked. But how can I be expected to hold back the waterworks during the holidays?

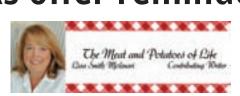
With all the old movies that transport

us to our childhoods, the aroma of baking cookies, the spontaneous generosity of folks dropping change into red buckets outside grocery stores, the snow globes with their softly suspended scenes, the familiar songs we hum while wrapping

gifts, and the thousands of tiny twinkle

lights ... Hmm. This week, I blubbered while watching "It's a Wonderful Life" for the millionth time. I felt a lump in my throat anticipating our college kids coming home, and I got slushy after seeing a video of dogs snuggling with babies on Facebook.

But the hardest yank on my heartstrings came while Francis and I were watching the Navy Band Northeast's holiday concert on base. There we were, nestled all snug in our auditorium seats and holiday sweaters, feeling Christ-



massy and patriotic all at once. When one musician took the stage in his dress cracker jacks and belted out a perfect medley of classic carols, my tear ducts were primed and ready for action.

Between sets, heartwarming video shorts were projected onto a screen behind the stage. The audience laughed at a segment featuring young Navy plebes botching the words to "Feliz Navidad," and "Awww" ed in unison at clips of military brats sending sweet holiday messages to deployed moms and dads. One small boy in a crooked Santa hat

said, "Dad won't be home for Christmas. So, we're going to my cousin's house. My cousin's house is ... (his big brown eyes were searching for the right words) ... Then, after an adorable pause, the boy

cozy!" The darling innocence of this boy, this military child accustomed to making the best of hard times, knocked my emotions off balance. One more tug, and I knew I

was a goner.

lit up, smiled, and said, "But it's really

So, I sat quietly, flush from the collective heat of the festively-garbed crowd gathered in the auditorium, praying that the director would instruct the band to play "Grandma Got Run Over By a Reindeer" to jerk me away from the emotional cliff. But the next video clips of surprise reunions with deployed service members

had me groping for a tissue in my purse.



Photo by Sgt. 1st. Class Theresa Gualdarama, 117th Mobile Public Affairs Detachment (Hawaii)

#### Military life reality

I realized that, in the military, we take for granted that loved ones will be deployed during holidays, birthdays, graduations and special occasions. It is part and parcel of our unique lifestyle. When Francis was on a yearlong

deployment, we adjusted during the holidays. We got together with friends and extended family members to fill the void. When he was standing the watch during other holidays, we pivoted to accommodate his schedule. There were no tears; it was military life.

According to the Department of Defense, roughly 220,000 American military service members were deployed and away from their loved ones last December, in more than 100 countries and on every continent. This staggering figure does not even include

the thousands more military personnel

that will be on duty this week, sitting in silos, standing on watch floors, guarding gates, on the job, protecting and defending while we are home enjoying our families. So, now, after 23 years as a military

spouse, I see the nobility in military families' sacrifices during the holidays. I honor their strength and positivity in the face of hardship. Without shame or embarrassment, I

shed a tear, or a bucketful, when I think of how blessed Americans are to have an all-volunteer force of military men and women who serve so that the rest of us, snug and safe with our loved ones, can be home for Christmas. This year, I might be misty under the

mistletoe, but I am grateful for the gift that is the United States military. (Visit Molinari at www.

themeatandpotatoesoflife.com.)

HAWAII ARMY WEEKLY **B-4** | DECEMBER 23, 2016



Wheeler Army Airfield hangars become live television studios, Jan. 27, for the 2016 Pro Bowl Draft live broadcast on ESPN2, in front of selected service members and families.

Photo by Sgt. Daniel K. Johnson, 25th Combat Aviation Brigade Public Affairs

### Eventful year begins and ends on Wheeler

75th Commemoration, NFL Pro Bowl dominate 2016 at USAG-Hawaii

**JACK WIERS** 

U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD — For the U.S. Army Garrison-Hawaii community, 2016 featured a year of ceremony and celebration while bringing the national spotlight here - twice.

Wheeler opened and closed the year in the media spotlight.

#### December 7, remembered

In December more than two-dozen World War II veterans gathered at WAAF for a remembrance ceremony and wreath presentation that was held in a hanger hit during the attacks of Dec. 7,

Army veteran Thomas Petso, assigned to the 24th Infantry Division at Schofield Barracks, was among those who

returned to Hawaii for the 75th anniversary. When the attack began on Dec. 7, he was playing football at the airfield when the Japanese planes began heading straight for them.

'They scared the hell out of us. We ran for our lives because they opened fire, and we knew we were in trouble," Petso said, adding he and the other Soldiers ran back to nearby Schofield Barracks to get their weapons and begin America's engagement in World War II.

"For those of you who were here this day, this is truly hallowed ground," said Army Maj. Gen. Christopher G. Cavoli, commander of the 25th Infantry Division and U.S. Army Hawaii.

Today, 75 years later, the bomb scars are still etched in the tarmac's concrete, just as the edging of the hot molten shrapnel remains as it splayed out 360 degrees from those explosions," the general said. "Bullet holes, scars, remain in these buildings; you can see them even

"You veterans of the Greatest Genera-

tion rallied to defend freedom, three and an half years later, you emerged victorious for us - victorious against the forces of evil in the largest global conflict in history," Cavoli added.

#### NFL, USAG-HI go "Prime Time"

The year began with USAG-HI and the 25th Combat Aviation Brigade hosting a live telecast of the 2016 Pro Bowl Draft in the hangars of the 25th Combat Aviation Brigade, Jan. 27th.

After weeks of preparation, National Football League players and executives arrived at WAAF, along with sports giant ESPN's television production trucks, producers, directors and talent in toe, for a prime time show that featured vignettes of Wheeler, Schofield Barracks history and current Army life.

Aubrey Kiemnec, Special Events coordinator with the Directorate of Family and Morale, Welfare and Recreation, was garrison lead coordinator to implement Army support for prime time broadcast.

"There were a variety of garrison

counterparts. I think every director within garrison had some piece in the logistics. Everyone from DPW (Directorate of Public Works) to DES (Directorate of Emergency Services) to PAO (Public Affairs Office), and, of course, MWR. Every portion of garrison had a part in pulling this off," she explained.

#### Wheeler location

The NFL/ESPN team selected the historical Pearl Harbor hangars located in the 25th CAB as the perfect location to invite service members and families from each branch of service for the

'(I watched) the NFL crew set up. I know they hop from city to city, so they're kind of a mobile platform, which reminded me a bit about setting up Tactical Operations Centers from station to station," said Staff Sgt. Michael Constantine, 25th ID, G3 Operations, and noncommissioned officer lead of the 25th ID Pro Bowl Draft Soldier Support Detail. "What a great job they did."



Photo courtesy Family and Morale, Welfare and Recreation

SCHOFIELD BARRACKS — Hundreds gather for free live music, games and more at Weyland field to celebrate independence Day weekend, July 3. Food and entertainment were available for two days, ending with one of Oahu's biggest July 4 fireworks shows.



Photo by Staff Sgt. Armando R. Limon, 3rd Brigade Combat Team Public Affairs, 25th Infantry Division

WAIKIKI — At left, Army team members celebrate on Queen's Beach, Jan. 29, after winning the the NFL Pro Bowl Military Challenge.

The Army walked away with the coveted trophy, beating the other competing branches.



Defense Command Public Affairs WHEELER ARMY AIRFIELD — Atlanta Falcons wide receiver Julio Jones autographs a jersey for a fan during the 2016 Pro Bowl Draft show, Jan. 27



Photo by Christine Cabalo, Oahu Publications SCHOFIELD BARRACKS — A place setting for Spc. Felicia LaDuke, a Schofield Barracks Soldier and Iraq War veteran, sits among several displays during the Sept. 30 Domestic Violence Awareness proclaimation signing. LaDuke was a victim of domestic violence.

anuary





September 5





Sgt. Ian Morales, 25th Infantry Division Public Affairs

 $WHEELER\,ARMY\,AIRFIELD - Pearl\,Harbor/Wheeler\,Army\,Airfield\,survivor\,Thomas$ Petso speaks with media after a wreath laying ceremony on Dec. 5 commemorating the 75th anniversary of the Japanese attack (right) at WAAF.

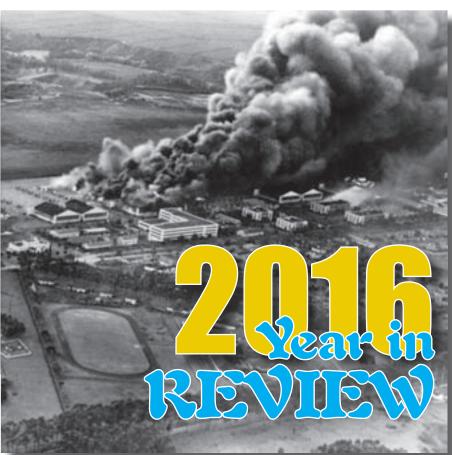




Photo by Christine Cabalo, Oahu Publications HONOLULU — Mothers and families of fallen Soldiers climb the steps to display memorial boots of their loved ones during the Gold Star Mothers and Families Day Ceremony held at the National Memorial Cemetery of the Pacific at Punchbowl Crater, Sept. 25.



Courtesy photo by Jessica Kaye Photography FORT DERUSSY — Dylan Warren is enlisted as an honorary Soldier as part of his wish from the Make-A-Wish Foundation of America at the U.S. Army Museum of Hawaii, April 24. Soldiers at Wheeler Army Airfield and with 25th Infantry Division Artillery gave Warren a tour of operations during his weeklong visit.



SCHOFIELD BARRACKS —Spc. Jesse Watters, Military Police, Directorate of Emergency Services Bike Patrol, instructs Lukas Villatoro, 5, at National Night Out, Aug. 12.



Photo by Kristen Wong, Oahu Publications

SCHOFIELD BARRACKS — First opened in 1959, the former Hale Kula Elementary School is renamed Daniel K. Inouye Elementary School during an official ceremony, Oct. 17.



KILAUEA MILITARY CAMP, Hawaii — At left, celebrating its 100th anniversary in 2016 generated reminders of the early days at Kilauea Military Camp, when getting around by horse and cart was the normal mode of transportation. The camp was first formed on the island of Hawaii in 1916 out of 52 acres of land and is now available for military

patrons, family members and their sponsored guests.

Photo by Kristen Wong, Oahu Publications

 ${\bf WAHIAWA-Below, country\, singer}$ Kellie Pickler rappels down one of the smaller walls at the 25th Infantry Division Lightning Academy, Nov. 18. Pickler and her group watched survival demonstrations at the academy and rappelled. Later that day, she performed at



Photo by Christine Cabalo, Oahu Publications

SCHOFIELD BARRACKS — At left, children warm up for physical training with lunges alongside popular fictional characters during PT in the Park held April 5 at the School Age Center's soccer field as part of the Month of the Military Child events.













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## Holiday mental health issues merit respect

Holidays are a time when families come together to eat good food and spend quality time. However, they can also be a time of stress - whether you are worried about having enough money, hosting the largest family get-together of the year or traveling long distances.

According to the Centers for Disease Control and Prevention, it is important to give yourself a break from holiday stress from time to time to keep from feeling overwhelmed.

#### Helpful tips

The American Psychological Association has some helpful tips for making it through the holidays with your mental health intact.

•Self-care. First, even though you feel pressured to be everything to everyone, you can't do everything alone. Everyone will benefit from you taking some time for self-care. Your break can be as simple as taking a walk, getting a massage or taking time to read a new

We got you. Text ALOHA to 741741.

#### crisistextline.org

#### Free, 24/7, confidential crisis support by text

book.

Make sure to get a full night's rest as often as possible. Slowing down will actually give you more energy.

• Resiliency. You should also have realistic expectations because no holiday celebration is perfect. Use a lopsided tree or burned dinner as an opportunity to show how resilient and flexible you are. Mistakes are often what make memories.

Make sure to also remind your children that holidays aren't about

expensive gifts, especially if their wish lists are outside your budget.

• Realistic expectations. Remember that you are celebrating your holidays with your loved ones, and that is what makes holidays special. You don't need elaborate decorations or gourmet food to create a cherished memory.

• Communicate. Finally, if you are feeling anxious, talk to your friends and family. Open and honest communication will help you figure out your feelings and find a solution for your

stress. You may also want to consider seeing a psychologist or other trained mental health professional if holiday stress is getting you down.

If you have a mental health emergency go to the nearest emergency room that provides emergency services to patients who need immediate medical attention, or call 9-1-1.

If you just need someone to talk to, there are crisis lines available 24/7.

TRICARE recently updated its mental health coverage and reduced many of its mental health care cost shares and copayments. For more information, go to the Getting Mental Health Care page on the TRICARE website.

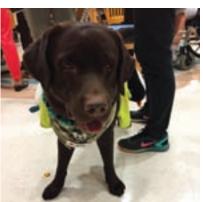
#### **Podcasts**

Listen to this week's podcast to hear information about binge drinking, VLER HIE, staying fit during the holidays. Visit the TRICARE Media Center at www.tricare.mil/pod-

### HAWAII RED CROSS SPIRIT









Photos courtesy of Hawaii Red Cross

HONOLULU — Hawaii Red Cross volunteers from Tripler Army Medical Center (including dogs from the Red Cross Human Animal Bond Program) visited veterans at the Veterans Affairs Pacific Island Health Care System's Center for Aging to distribute goodie bags and spread holiday cheer, Dec. 15.

American Red Cross services for veterans date back to World War I. Red Cross volunteers serve in VA and military hospitals across the nation and around the world. Volunteers, which includes many veterans and their families, provide vital assistance in the areas of rehabilitation, recreation, administration and personal services to the veterans.

The Hawaii Red Cross manages the entire volunteer program at TAMC with more than 300 volunteers in 46 departments and wards, including dozens of therapy dogs.

### Cholesterol screening encouraged

News Release

Cholesterol plays an important role in your heart's health, but unfortunately, the Centers for Disease Control and Prevention (CDC) reports that 73.5 million adults have high cholesterol.

Cholesterol is made by your liver. It is used to make hormones your body needs and to digest fatty foods. It is found in many foods you eat, such as egg yolks, fatty meats and cheese.

If you take in more cholesterol than your body uses, the extra cholesterol builds up on the walls of your blood vessels.

This makes it harder for blood to flow to your heart and other organs, which can lead to health problems such as coronary artery disease (CAD), the most common kind of heart disease in the United States.

Children, young adults and older Americans can have high cholesterol. Risk factors for high cholesterol include diabetes, lack of exercise, poor diet, obesity and genetics.

Since there are no signs or symptoms of high cholesterol, for some, the first sign of CAD is a heart attack.

The only way to know if you are at higher risk for cardiovascular disease is to get your cholesterol checked through a simple blood test. TRICARE covers cholesterol testing every five years in adults age 20 and over, as recommended by the National Heart, Lung and Blood Institute.

Talk to your primary care manager (PCM) for more information on preventive screenings and how to remain heart healthy. Prime beneficiaries may receive clinical preventive services from the PCM or any network provider without a referral or authorization at no cost.

If you use TRICARE Standard, cholesterol screenings are only covered when combined with an immunization, breast, cervical, colorectal or prostate cancer screenings.

OMMUNITY HAWAII ARMY WEEKLY DECEMBER 23, 2016 | B-7

### Marines welcome public participation in 2017 race series

MARINE CORPS COMMUNITY SERVICES News Release

MARINE CORPS BASE HAWAII — Marine Corps Community Services announces the 2017 Commanding Officer's Fitness Series held aboard Marine Corps Base Hawaii and Marine Corps Training Area Bellows.

All races in the series are open to the public:

- •King of the Hill, Saturday, Jan 21.
- •Swamp Romp, Saturday, Feb 11.
- •Bellows Outdoor Adventure Race, Saturday, March 4.
- •Keiki Koa Kai Sprint Tri, Saturday, April 29.
- •Koa Kai Sprint Tri, Sunday, April 30.
- •Surf and Turf 5K, Saturday, June 10.
- •Runway Run 5K, Tuesday, July 4. •Grueler 5K, Saturday, July 22.
- •Keiki Tradewind Tri, Saturday, Aug
- 26.
- Tradewind Tri, Sunday, Aug 27.Sunset Flightline 5K, Friday, Sept 15.
- •Splash and Dash Biathlon, Saturday, Oct 21.
- Turkey Trot 10K, Saturday, Nov 4.
  Hawaii Marines' Virtual Marathon, Saturday, Feb 4-25.

The series has been in existence since



Photo by Kristen Wong, Oahu Publications Master Sgt. Vincent Reeves, shows off his mud as he poses for a photo after the 2016 Swamp Romp at MCBH in February. The 2017 Officer's Fitness Series is open to the general public.

1995 and continues to bring the best of Semper Fit to military and civilian communities.

Two new races are added for 2017. The Bellows Outdoor Adventure Race aboard MCTAB in Waimanalo is a 5K run, circuit-station combination that weaves through the Marine Corps training area.

The Hawaii Marines' Virtual Marathon is a self-paced race spanning three-weeks with the goal of completing 26.2 cumulative miles.



Photo by Lance Cpl. Jesus Sepulveda Torres, Marine Corps Base Hawaii Team "Keep Calm and Mud On" climbs over one of the 16 obstacles at the 2016 Swamp Romp at MCBH, Feb. 6. The public is invited to register for the 2017 event.

#### **About MCCS**

Marine Corps Community Services provides morale, welfare and recreation programs and services that support the readiness and retention of Marines, Sailors and family members stationed aboard MCB Hawaii.

Proceeds from this and other MCCS events are reinvested into quality of life programs at MCB Hawaii.

#### **Points of Contact**

For more information, contact the MCCS race coordinator at (808) 254-7590.

Online registration and information can be found at www.mccshaw aii.com.

### Pet owners should take precautions for holiday celebrations

HAWAIIAN HUMANE SOCIETY News Release

HONOLULU — What may be an evening of celebration for people can be very frightening for pets.

The Hawaiian Humane Society offers the following tips to keep pets safe during New Year celebrations.

•Ensure that your pets have identification. Pets should be microchipped and your current contact information should be on file with the Hawaiian Humane Society. Call your veterinarian or stop by the Society any day of week between noon and 4 p.m. to microchip your pet.

The law requires that all dogs wear a valid license as proof of ownership. Licenses are available at Hawaiian Humane.

Animals found running at-large should be taken to Hawaiian Humane's



Courtesy photo

24-hour Admissions Center, where they can be reunited with their owners. Call the Hawaiian Humane Society at 3562228, immediately, if your pet is lost and file a report.

•Keep your companion animal in a safe place indoors and do not leave your pet outside and unattended.

Leave a radio or television on at normal volume to provide your pet with some companionship while you're attending celebrations.

If you can't keep your pet indoors, consider keeping him in an enclosed garage. Animals may panic, escape and potentially get lost or get injured.

•If you know that your pet can get anxious because of loud noises like thunder, consult with your veterinarian before New Year's Eve for ways to help alleviate the fear and anxiety he will experience during fireworks displays. Do not give your pet tranquilizers without consulting a veterinarian.

•Resist taking your pet to fireworks displays. Most animals don't enjoy the holiday's noisy spectacles.

#### **Hawaiian Humane Society**

The Hawaiian Humane Society is an education and advocacy organization that also shelters, protects, rescues, reunites and rehomes animals. It is Oahu's only open-admission shelter that welcomes all animals.

Established in 1883, this nonprofit organization is not a chapter of any group as there is no national humane society.

Gifts made directly to this independent, local organization help local animals and people.

#### More Online

Visit HawaiianHumane.org to learn more.

